



Glenview Grapevine April 2023

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Indigo North Health



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March in review

Special Visitor

Nurse Emma bought in Baxter, the new addition to her family, to spend time with residents. There is nothing like a bit of puppy love to brighten the day!



Rutherglen Taste of Arts Show

A quick stroll down the block had residents attending the 6th Annual Rutherglen Taste of Art Show. Amazing works on display had everyone discussing their favourites.

What a beautiful day

The weather has been beautiful and residents have been enjoying spending time outdoors with music sessions, gardening, and taking strolls.



March in review















Upcoming Events



Wednesday 5th of April 10:30am, Main Lounge

Men's Shed

Monday 17th of April 11:00am, Chiltern

Rhythm & Brews - RSL Corowa

Wednesday 19th of April 11:30am, Recreation Area

Chiltern Railroaders Museum

Thursday 20th of April 9:30am, Chiltern

Garden tour and picnic on the farm

Thursday 20th of April 11:00am, Gooramadda

Wheel of Fortune

Friday 28th of April 11:00am, Main Lounge

Regular Events

- Gardening Club Mondays 11.00am
- Knitting and Crochet Group Mondays 2.00pm
- Social Club Tuesdays 11.00am
- Carpet Bowls 2.00pm Thursdays
- Bingo! Tuesdays and Fridays from 2.45pm
- Pastoral Care Monday, Tuesday, Wednesday and Friday
- Happy Hour every Saturday 2:15pm



Special Days

1 st	April Fools' Day
•	Tipini odlo bay

2nd Children's Book Day

9th Easter

11th Submarine Day

12th Human Space Flight

21st Creativity & Innovation

22nd Mother Earth Day

23rd Shakespeare's Birthday

23rd St. George's Day

23rd World Book Day

25th ANZAC Day

27th Intl. Guide Dog Day

April 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						* April Anytime 1 * April Fool's Day
Children's Book 2 Day	3	4	5	6	7	8
Easter 9	10	Submarine 11 Day	Day of Human 12 Space Flight	13	14	World 15 Creativity and Innovation Week
16	17	18	19	20	21	Mother Earth 22 Day
Shakespeare's 23 Birthday + St George's Day World Book Day	24	Anzac Day 25	Guide Dog 26 Day	27	28	29
30						

April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: Aries & Taurus Birthstone: Diamond Flower: Daisy & Sweet Pea

April Birthdays

In April, we celebrate birthdays with:

- June Steventon 6th April (98)
- Tony Furneaux 19th April (81)

Please join us in the dining room for morning tea and share in some birthday cake.



Aries (Mar 21 - Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

birthology.

Taurus (Apr 21 – May 20)

Taurus are practical and wellgrounded. They surround themselves with love & beauty.

April 4, 1968: Martin Luther King is fatally shot

Civil Rights leader Rev. Dr. Martin Luther King was killed by a sniper in Memphis, Tennessee. He had championed non-violent resistance to end racial oppression and had been awarded the Nobel Peace Prize in 1964. He is best remembered for his *I Have a Dream* speech delivered at the 1963 Civil Rights March on Washington.

Poem to Share

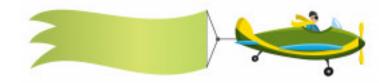
Song of Hope

by Thomas Hardy

O sweet To-morrow! –
After to-day
There will away
This sense of sorrow.
Then let us borrow
Hope, for a gleaming
Soon will be streaming,
Dimmed by no gray –
No gray!

While the winds wing us
Sighs from The Gone,
Nearer to dawn
Minute-beats bring us;
When there will sing us
Larks of a glory
Waiting our story
Further anon —
Anon ...

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Roma Morris
- Russell Phipps

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.



LIBRARY SERVICE

Our Library is located in the main lounge, please help yourself to any book and return to the shelves once finished.

If you are an avid reader and wish to join the Rutherglen Library, please ask Leisure and Lifestyle staff to assist.



CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints. There are feedback forms available from reception and in the dining room.

We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

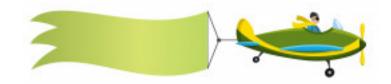
IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Mr. Henry Niederegger
- Mrs. Marie Meyer



Noticeboard



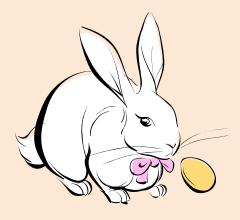
HAIRDRESSER

We have a hairdresser who attends every Monday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.



CULTURAL CELEBRATION

In the month of April we celebrate Easter. Easter Bunny will visit on Sunday 9th.



CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated! Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

We would also like to encourage you to share your historic pictures and knowledge of Rutherglen and surrounds.

Please hand in your submission to reception, or email us anytime at k.thompson@inh.org.au







Consumer Advisory Committee Agenda

Date to be held: Friday, March 10, 2023

1.0 In attendance: 26 residents attended

2.0 Apologies:

Kerrie Thompson, Annette Nuck

3.0 Minutes of previous meeting:

- Shane provided a brief report on the recent accreditation process. The accreditation team's verbal feedback was that Glenview is a good facility. The Leisure & Lifestyle program received particularly positive comments.
 The formal written report should be available in two weeks.
- Shane provided an update on the building program. Plans have gone to tender. Tender should be awarded in the near future and the projected date for completion of the building is November 2024.
- Shane proposed a trial of moving the evening meal time from 5.00 p.m. to 5.30. This suggestion was well received by residents.
- Penny and the kindergarten teacher have had preliminary talks about the proposed intergenerational program. They will meet again on 20 March to discuss program planning.
- Residents have had the opportunity to view the ABC's *Old People's Home for 4 Year Olds*.

4.0 Correspondence:

N/A

5.0 Compliments / Comments:

- Accreditation team complimented the standard of the L&L program.
- Leonie & Cheryl complimented the breadth & diversity of the L&L program.

6.0 Catering Services

- Food safety audit scheduled for week commencing November 11 was passed.
- Trial to be introduced to change the evening meal time from 5.00 p.m. to 5.30.

7.0 Environmental Services Report:

8.0 Infection Prevention and Control Report

9.0 NUM Report and Care Related Information



Consumer Advisory Committee Agenda

10.0 Leisure and Lifestyle Report/Outline

- Alcohol ink tiles painted by residents in August are to be mounted and displayed in the new outdoor area. - Maintenance team have not had the opportunity to mount to suitable board at this time. To be followed up by Kerrie (L&L Coordinator)
- Penny and the kindergarten teacher are having discussions around the planning of the intergenerational program.
- Residents have had an opportunity to view the ABC's Old People's Home for 4 Year Olds.
- Residents discussed L&L program highlights.

Pat – balloon tennis

Peter – gardening

Gwen – carpet bowls & 10 pin bowling

Gwen & Betty - knitting circle

Cheryl – happy hour & bingo

There were no suggestions for additional programs, although five residents indicated interest in participating in an art program if Penny could find an artist to assist with that.

Laughing Matters



The Hunters

Two hunters are out in the woods when one of them collapses.

He doesn't seem to be breathing and his eyes are glazed.

The other guy whips out his phone and calls the emergency services.

He gasps, "My friend is dead! What can I do?"

The operator says "Calm down. I can help. First, let's make sure he's dead."

There is a silence, then a gunshot is heard.

Back on the phone, the guy says "OK, now what?"

Late Payment

A customer sent an order to a distributor for a large amount of goods totaling a great deal of money.

The distributor noticed that the previous bill hadn't been paid. The collections manager left a voice-mail for them saying, "We can't ship your new order until you pay for the last one."

The next day the collections manager received a collect phone call, "Please cancel the order. We can't wait that long."

Short Jokes

Why did the tomato turn red?

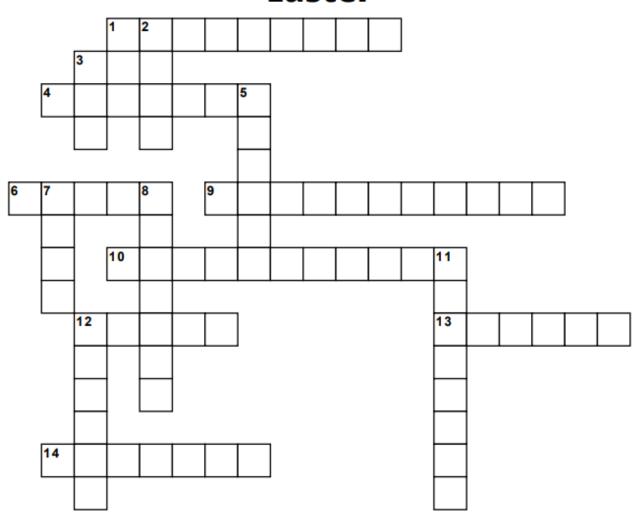
Because it saw the salad dressing!

Two guys stole a calendar. *They got six months each.*

Why did the old man fall in the well? Because he couldn't see that well.

Did you hear about the restaurant called Karma? There's no menu - you get what you deserve.

Easter



Across

- 1 Most popular Easter present (9)
- 4 Traditional Easter hats usually tied with ribbons (7)
- 6 In 'Alice in Wonderland' what colour is the rabbit with the pocket watch? (5)
- 9 In the song 'Easter Parade' what street do they walk down? (11)
- 10 Female star of the film 'Easter Parade'? (11)
- 12 Another word for 'rabbit' (5)
- 13 These hatch out of real eggs (5)
- 14 What do eggs represent at Easter? (3,4)

Down

- 2 The search for Easter Eggs: Easter Egg (4)
- 3 A female rabbit (3)
- 5 What season is Easter associated with?
 (6)
- 7 An animal that looks like a rabbit with long ears (4)
- 8 The date for Easter changes every year because of this (7)
- 11 Make eggs look pretty (8)
- 12 Something used to collect Easter eggs (6)

Easter

