2023

Indigo North Health inc



Glenview Grapevine



IN THIS ISSUE

June Revisited	2
Exciting Events Ahead	4
July Birthdays	5
Celebrity Spotlight	6
Announcements	8
Light Heartedness	10
Cognitive Challenges	11
A Special Verse	13

Address: 168 High St, Rutherglen VIC 3685

Phone: 02 6033 6200

Email / Website: inh@inh.org.au / www.inh.org.au

Facebook: Indigo North Health

June Revisited

Mrs Helen Eales was the recipient of an Appreciation Award for the Uniting Church for her contribution to the church and Corowa community. Congratulations Helen!





Last Month Revisited



Live performances with Basia Olejniczak was a highlight in June which saw attendees joining in with music instruments, dancing and singing!







Our amazing catering team have been hard at work delivering some beautifully presented meals and desserts. Thank-you for all of your amazing efforts!



The Leisure and Lifestyle team provide cognitive and physical balance through numerous games, exercise programs, quizzes, and community connections.

From July 21st we are pleased to announce our Intergenerational Program will commence after a lengthy delay due to Covid-19 restrictions.

Exciting Events Ahead

Naidoc Week 2nd—9th July

Dot Paintings 6th July 9.30am Dining Room

Wheel of Fortune Competition

Monday 3rd July 11.00am, Main Lounge

National Gallery of Victoria—Virtual Tour—"Rembrandt"

Wednesday 5th July 11.00am, Main Lounge

Men's Shed—Chiltern

Monday 10th & 24th July 11.00am

Entertainer - Basia Olejniczak

Wednesday 12th & 26th July 11.00pm, Main Lounge

Armchair Travel—FIJI

Monday 17th July 3.00pm

RSL Corowa—Rhythm & Brews

Wednesday 19th July 11.15am, RSL Corowa

National Lamington Day / Intergenerational Program—Cooking

Friday 21st July 11.00am, Dining Room

Intergenerational Program—Ten Pin Bowls

Friday 28th July 11.00am, Main Lounge



Special Celebrations

1st Canada Day

1st International Joke Day

2nd NAIDOC Week

4th American Independence
Day

12th Battle of the Boyne (Ireland)

14th Bastille Day

18th Nelson Mandela Day

19th Muharram/Islamic New Year

21st National Lamington Day

30th World Friendship Day, National Tree Planting



Celebrity spotlight

Born Virginia Katherine McMath on July 16, 1911, Ginger Rogers was an American actress, dancer, and singer. Known mostly for her dance partnership with Fred Astaire, she appeared in films as well as on stage. She was also featured on radio and television programs throughout much of the 20th century.

Early Years of Ginger Rogers

Ginger Rogers was born in Independence, Missouri, but she was raised mostly in Kansas City. Roger's parents separated before she was born. Her grandparents, Walter and Saphrona Owens, lived close to them. Her father kidnapped her twice, then she never saw him again. Her mother later divorced her father. Rogers moved in with her grandparents in 1915 so that her mother could make a trip to Hollywood to try to get an essay she had written made into a film. She was successful and went on to write scripts for Fox Studios.

Rogers remained close to her grandfather. She and her family moved to Texas when she was nine years old. She won a dance contest that helped her become successful in vaudeville. She became a well-known Broadway actress with debut stage role in Girl Crazy. She then received a contract with Paramount Pictures, which was short-lived.

In 1933, Rogers had a supporting role in the successful film 42nd Street. She starred in several films during the 1930s with Fred Astaire, such as Swing Time and Top Hat. She became one of the biggest box-office draws of the 1940s. She won the Academy Award for Best Actress for her performance in Kitty Foyle.



Film Roles

Rogers had a successful career in film. Her first movie roles were three short films made in 1929: Night in the Dormitory, A Day of a Man of Affairs, and Campus Sweethearts. In 1930, she signed a seven-year contract with Paramount Pictures. She broke the contract to move to Hollywood with her mother. In California, she signed a three-picture film deal and made feature films for Warner Bros., Monogram, and Fox. She then made a significant breakthrough as Anytime Annie in the Warner Brothers film 42nd Street (1933). She also made a series of films with Fox, Warner Bros., Universal, Paramount, and RKO Radio Pictures.

Partnership With Fred Astaire

Rogers was well-known for her partnership with Fred Astaire. Between 1933 and 1939, the pair made 10 musical films together: Flying Down to Rio, The Gay Divorcee, Roberta, Top Hat, Follow the Fleet, Swing Time, Shall We Dance, Carefree, and The Story of Vernon and Irene Castle. Together, the duo revolutionized the Hollywood musical. They introduced elegant dance routines, set to songs specially composed for them by the greatest popular song composers.

Celebrity spotlight

The couple's dance routines were mostly choreographed by Astaire, but Rogers had significant input. In 1986, Astaire said "All the girls I ever danced with thought they couldn't do it, but of course they could. So they always cried. All except Ginger. No no, Ginger never cried".

Astaire respected Rogers. He once said that when they were first paired together in *Flying Down to Rio*, "Ginger had never danced with a partner before. She faked it an awful lot. She couldn't tap and she couldn't do this and that ... but Ginger had style and talent and improved as she went along. She got so that after a while everyone else who danced with me looked wrong."

Personal Life

Rogers first married at age 17 to her dancing partner Jack Pepper in 1929. They divorced in 1931. In 1934, she married actor Lew Ayres. They divorced seven years later. In 1943, Rogers married her third husband, Jack Briggs, a U.S. Marine. They divorced in 1949. In 1953, she married Jacques Bergerac, a French actor. They divorced in 1957. She married her last husband in 1961. He was director and producer William Marshall. They divorced in 1971.

Rogers was a Christian Scientist. She devoted a great deal of time to her faith. She was also a member of the Republican Party. She died at home on April 25, 1995, at the age of 83. It was determined that the cause of death was a heart attack.





Announcements

New Residents

A very warm welcome to:

- Wendy Chambers
- Joy Spencer
- William "Tiger"
 Cresser



Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives!



Cultural Celebrations

This month we will be holding Armchair Travel to Fiji on Monday 17th July.

Please join us in the main lounge at 3.00pm.



In Memoriam

Sadly we say goodbye to our much loved residents

- June Steventon
- Russell Phipps

To their family and friends -May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was an honour and privilege.

Continuous Improvement

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints. There are feedback forms available from reception and in the dining room.

Resident Hairdresser and Barber

Barber Tim will be in attendance Monday 17th July from 9am.

Hairdresser Kellie will attend on Tuesday 11th July.

If you would like to book an appointment, please speak with any nursing staff or leisure and lifestyle staff.

Announcements

New Staff

A very warm welcome to:

 Rebecca Seymour PCA



Can you contribute?

Contributions to our newsletter are encouraged and appreciated! Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome. Please hand in your submission to reception, or email us anytime at k.thompson@inh.org.au

Library Service

Our Library is located in the main lounge, please help yourself to any book and return to the shelves once finished.

If you are an avid reader and wish to join the Rutherglen Library, please ask Leisure and Lifestyle staff to assist.



Light Heartedness

An Irish priest was transferred to a new Parish.

HA HA

One morning Fr. O'Malley rose from his bed.

It was a fine spring day in his new parish. He walked to the window of his bedroom to get a deep breath of the beautiful day outside.

He then noticed there was a dead donkey lying in the middle of his front lawn.

Not knowing who else to call, he promptly called the local police station.

The conversation went:

"Good morning. This is Sergeant Jones. How might I help you?"

"And the best of the day to your good self. This is Fr O'Malley; I am the new priest. There is a donkey lying dead right in the middle of me front lawn."

Sergeant Jones, considering himself to be quite a wit, replied with a smirk, "Well now Father, it was always my impression that you people took care of the last rites!"

There was silence on the line for a long moment and then Fr. O'Malley replied: "Ah, to be sure, that is true; but we are also obliged to notify the next of kin".





July 2023 Newsletter Cognitive Challenges Indigo North Health Inc 12

A Special Verse

Give Lavishly Live Abundantly

The more you give, The more you get.
The more you laugh, The less you fret.
The more you do unselfishly
The more you live abundantly.

The more of everything you share
The more you'll always have to share.
The more you love, the more you'll find
That live is good and friends are kind.

For only what you give away Enriches us from day to day.

Helen Steiner Rice