

2023

Glenview Grapevine

September

IN THIS ISSUE

Last Month Revisited	4
Exciting Events Ahead	6
September Birthdays	7
Celebrity Spotlight	8
Announcements	11
Light Heartedness	13
Cognitive Challenges	15
A Special Verse	17
September Calendar	18

Address: 168 High St, Rutherglen VIC 3685

Telephone: 02 6033 6200

Email: inh@inh.org.au / www.inh.org.au

Facebook Indigo North Health

August Revisited

Colour therapy, laughs and concentration were the order of the day when preparing posters in readiness for Daffodil Day.



August Revisited



The Rutherglen Kindergarten visited Glenview twice in the month of August. Glenview and our special guests played Ten Pin Bowling and Hoy Bingo. Beautiful connections between the younger and older generations!



Men continued work on the Bird houses and Bird Feeders during August. We are all looking forward to the completion so we can attract more birds to our garden at Glenview.



Our monthly outings to RSL Corowa brings family and friends together to catch up for a meal, a dance and to enjoy to live entertainment.



Exciting September Events

Entertainer - Basia Olejniczak

Wednesday 6th & 27th, 11:00am, Main Lounge

Intergenerational Program — Footy Teams Art

Thursday 7th, 11:00am, Dining Room

National Gallery of Victoria—Virtual Tour— Let's Explore Japan

Wednesday 13th, 11:00am, Main Lounge

Cooking program

Thursday 14th, 9.30am, Dining Room

Carpet Bowls

Thursday 7th, 14th & 28th, 2:00pm, Dining Room

Armchair Travel — Mexico

Saturday 30th, 2.15pm, Main Lounge

Wheel of Fortune

Wednesday 20th, 11:00am, Main Lounge

Outing — Drumming class

Thursday 21st, 11:00am, Rankin Farm

Happy Hour—AFL Grand Final

Saturday 30th, 2.15pm, Main Lounge

Special Celebrations

1st Wattle Day

3rd National Australia Flag Day

3rd Father's Day

7th Brazilian Independence Day

14th R U OK? Day

16th Mexican Independence Day

19th Talk Like a Pirate Day

World Heart Day/
29th Public Holiday Footy Grand final (VIC)

30th AFL Grand Final



September 2023 Newsletter

September Birthdays

18th Laurie Jasper

18th Beryl Cooper

19th Maureen Jepson

20th John Dormer

28th Freda Bartel

1st Craig McLachlan 1965

1st Barry Gibb (The Bee Gees) 1946

4th Dawn Fraser 1937

8th Patsy Cline 1937

9th Colonel Sanders 1890

13th Shane Warne 1969

15th Agatha Christie 1890

15th Prince Harry 1984

20th Sophia Loren 1934

22nd Andrea Bocelli 1958

26th Olivia Newton John 1948

28th Peter Finch 1916

28th Brigitte Bardot 1934

29th Julia Gillard 1961

Celebrity spotlight

Olivia Newton-John is an English-Australian singer and songwriter who has won four Grammy Awards in her career. She is an actress as well, known for her roles in films such as the musical 'Grease'. She is also an entrepreneur and an activist for environmental and animal rights issues. In addition, the multi-faceted personality is an advocate for health awareness and has been involved with various charities as well. Born in England, she initially performed in clubs and TV shows. She reached stardom after her Grammy Award winning hits 'I Honestly Love You' and 'Physical'. She has sold around 100 million records worldwide, and has been named one of the world's best-selling artists of all time. Her acting career began with a supporting role in 'Funny Things Happen Down Under'. Years later, she played the lead role in the musical film 'Grease'. The film's soundtrack is one of the most successful ones in history. In 1992, she was diagnosed with breast cancer. She went into remission following treatment and then suffered a relapse in 2017. She is an advocate for breast cancer awareness and raised a significant amount of funds to establish the Olivia Newton-John Cancer and Wellness Centre in Melbourne.

Childhood & Early life

Olivia Newton-John was born in Cambridge, England on 26 September 1948. Her parents were Brinley Newton-John and Irene Helene. She was the granddaughter of Max Born, a Jewish Nobel Prize-winning physicist, who had fled with his family to England from Germany to escape the Nazi regime. Her father was an MI5 officer during the World War II. After the war, he served as a headmaster at Cambridgeshire High School for Boys. Olivia is the youngest of three children. Her



brother Hugh became a doctor and her sister Rona became an actress. When she was six, the family migrated to Melbourne, Australia, where her father was a professor of German at the University of Melbourne.

She attended the Christ Church Grammar School, and later the University High School. She formed a short-lived girl group at the age of fourteen and they often performed in a coffee shop which was owned by her brother-in-law.

Eventually, she started performing in radio and TV shows. Her first single was 'Till You Say You'll be Mine' which was recorded in Britain for Decca Records in 1964. The next year, she made her acting debut in the Australian TV film 'Funny Things Happen Down Under'.

**Music
career**
Olivia
ton-



Ca-
New-
John

Celebrity spotlight

released her first album 'If Not for You' in 1971. The album stood at the 158th position on the US Billboard 200, and at the 14th position on the Australian Albums Chart. Her next album 'Olivia,' which was released the next year, didn't do well commercially.

She found success with her third album 'Let Me Be There' which stood at the 54th position on the US Billboard 200. The lead song of the same name earned huge popularity and success. It won Olivia her first Grammy Award in the 'Best Female Country Vocalist' category. The song stood at the 6th position on the US Hot 100 chart and at the 11th position on the Australian charts.

In 1974, she released her next album 'Long Live Love'. The song 'I Honestly Love You' won her the Grammy Award for Record of the Year and the Grammy Award for Best Female Pop Vocal Performance. It also topped the Australian Kent Music Report and the US Billboard Hot 100.

She continued to release several successful albums over the years, some of them being 'If You Love Me, Let Me Know' (1974), 'Have You Never Been Mellow' (1975), 'Totally Hot' (1978), 'Physical' (1981) and 'The Rumour' (1988). She won her fourth Grammy Award for her video collection 'Olivia Physical' which featured videos of her songs from the album 'Physical'.

She has released around thirty albums in her entire career so far. Her recent albums include 'Two Strong Hearts Live' (2015) and 'Friends for Christmas' (2016). Both the albums stood at the first position on the Australian Albums Chart.

Acting Career

After her role in 'Funny Things Happen Down Under' Olivia Newton-John played the lead role

in the 1970 film 'Toomorrow'.

She found massive success in the 1978 musical romantic film 'Grease'. Directed by Randal Kleiser, the film was a big success commercially. It earned nearly \$400 million on a \$6 million budget. The movie's soundtrack became very popular and earned an Oscar nomination in addition to multiple other awards and nominations. The film was also praised by critics.

She continued to appear in several other films, such as 'Xanadu' (1980), 'She's Having a Baby' (1988) and 'It's My Party' (1996). She was last seen in the 2011 Australian British comedy film 'A Few Best Men' which was directed by Dean Craig. It was met with negative reviews. She has also appeared in several TV shows, some of them being 'American Idol', 'Sordid Lives: The Series', and 'Dancing with the Stars'.

Major Works

The album 'Long Live Love' is one of Olivia



Newton-John's most successful albums. The album stood at the 40th position on the UK

Celebrity spotlight

Albums Chart. The song 'I Honestly Love You' was a huge success, topping several charts. It won the Grammy Award for Female Pop Vocal Performance and for 'Record of the Year'. Other singles in the album included 'God Only Knows', 'Country Girl' and 'Have Love Will Travel'.

The musical romantic comedy film 'Grease', which was based on the musical of the same name, is one of the most important acting works in Olivia Newton-John's career. The film was a huge success commercially and critically. It earned \$395 million on a \$6 million budget. The film also won several awards and nominations which included an Oscar nomination in the category of 'Best Original Song' for 'Hopelessly Devoted to You.'

Personal Life

Olivia Newton-John has been married twice. She married actor Matt Lattanzi in 1984. They had one daughter named Chloe Rose Lattanzi. The couple divorced in 1995.

She later married John Easterling in 2008. He is the founder of Amazon Herb Company.

She was diagnosed with breast cancer in 1992 and went through a gruelling treatment regime. She had to get a partial mastectomy and underwent chemotherapy. She recovered and was cancer-free for several years before her breast cancer relapsed in 2017.

She has been a long-time activist for environmental causes and animal rights issues. She also promotes health awareness and is an advocate for breast cancer research.



Announcements

New Residents

A very warm welcome to:

- Jo Smith
-



Thank You

Heartfelt thanks to all our volunteers and staff for all you do each day to assist us in improving our residents lives.



Cultural Celebrations

This month we will be celebrating:
Mexican Independence Day

We will celebrate by having Armchair Travel to Mexico on Monday 18th September at 3:00pm in the main lounge.

In Memoriam

Sadly we say goodbye to our much loved residents

- Terry Hinch
- Barbara Russell
- Mary Fitzgerald

To their family and friends - May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was an honour and a privilege.

Hairdresser

Hairdresser Kellie will attend on Tuesday 5th September.

Barber Tim will be in attendance Monday 11th September from 9am.

If you would like to book an appointment, please speak with any nursing staff or leisure and lifestyle staff

Outings

This month we will be going to Rankin Farm on the 21st for Drumming class and wood fired pizzas.

Please note that there are limited places for this outing.

Announcements

New Staff

A very warm welcome to:

- Sukhpal Bhattal — PCA



Welcome
TO THE TEAM

Can you contribute?

Contributions to our newsletter are encouraged and appreciated! Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome. Please hand in your submission to reception, or email us anytime at k.thompson@inh.org.au

Library Service

Our Library is located in the main lounge, please help yourself to any book and return to the shelves once finished.

If you are an avid reader and wish to join the Rutherglen Library, please ask Leisure and Lifestyle staff to assist



hello,
SPRING!

Light Heartedness

What is a Grandparent ??

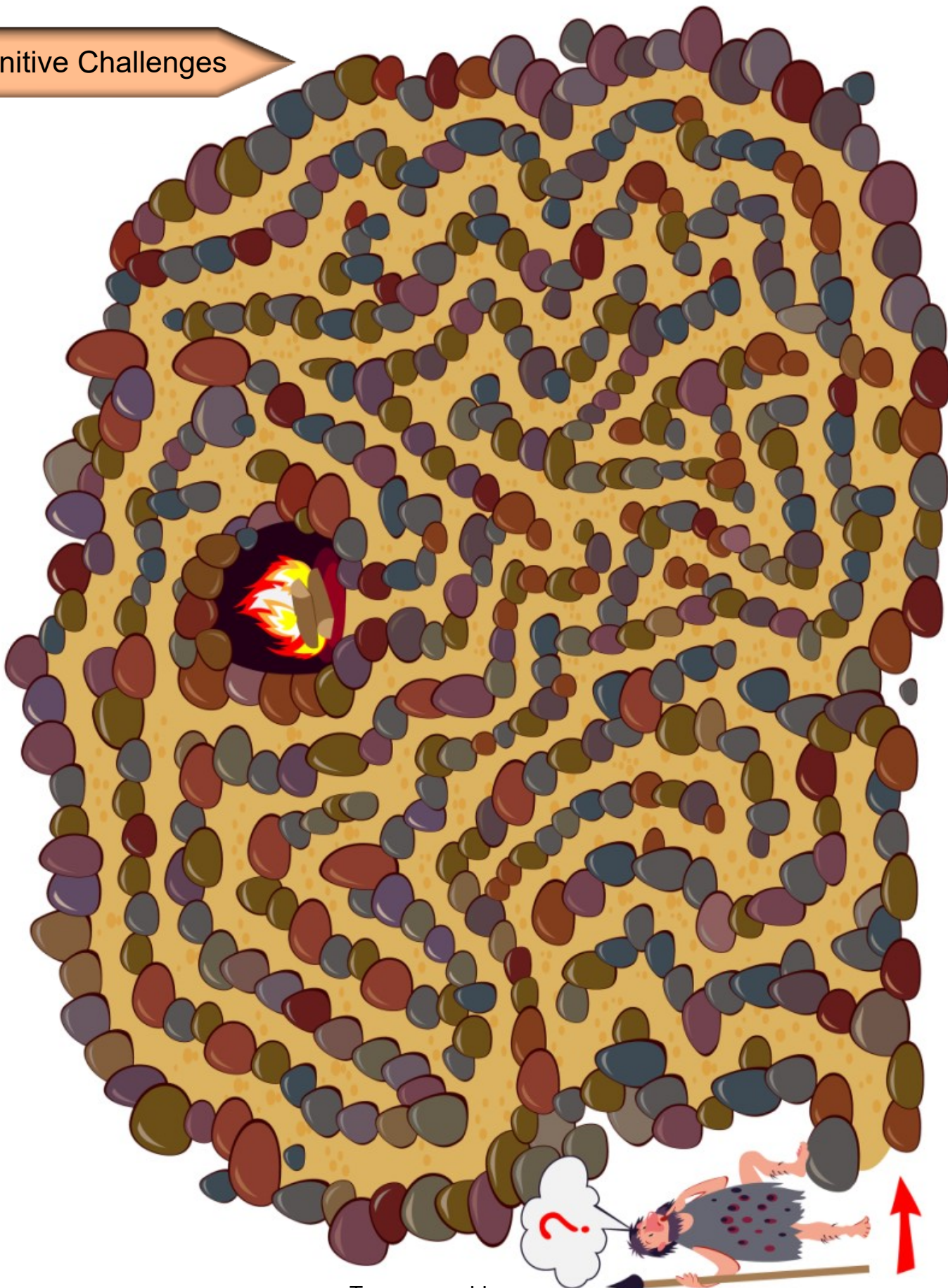
(Taken from papers written by a class of 8 year old children)

- Grandparents are a lady and a man who have no little children of their own. They like other peoples.
- A grandfather is a man, and a grandmother is a lady!
- Grandparents don't have to do anything except be there when we come to see them... They are so old they shouldn't play hard or run. It is good it they drive us to the shops and give us money.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the colors of the flowers and also why we shouldn't step on 'cracks.'
- They don't say 'hurry up.'
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- Grandparents don't have to be smart.
- They have to answer questions like 'Why isn't God married?' and 'How come dogs chase cats?'
- When they read to us, they don't skip. They don't mind if we ask for the same story over again.
- Everybody should try to have a grandmother, especially if you don't have a television because they are the only grownups who spend time with us.
- They know we should have a snack before bedtime, and they say prayers with us and kiss us even when we've acted bad.
- It's funny when they bend over; you hear gas leaks, and they blame their dog.

A six year old was asked where his grandma lived.

"Oh" he said, "She lives at the airport, and when we want her, we just go get her. Then when we're done having her visit, we take her back to the airport."

Cognitive Challenges

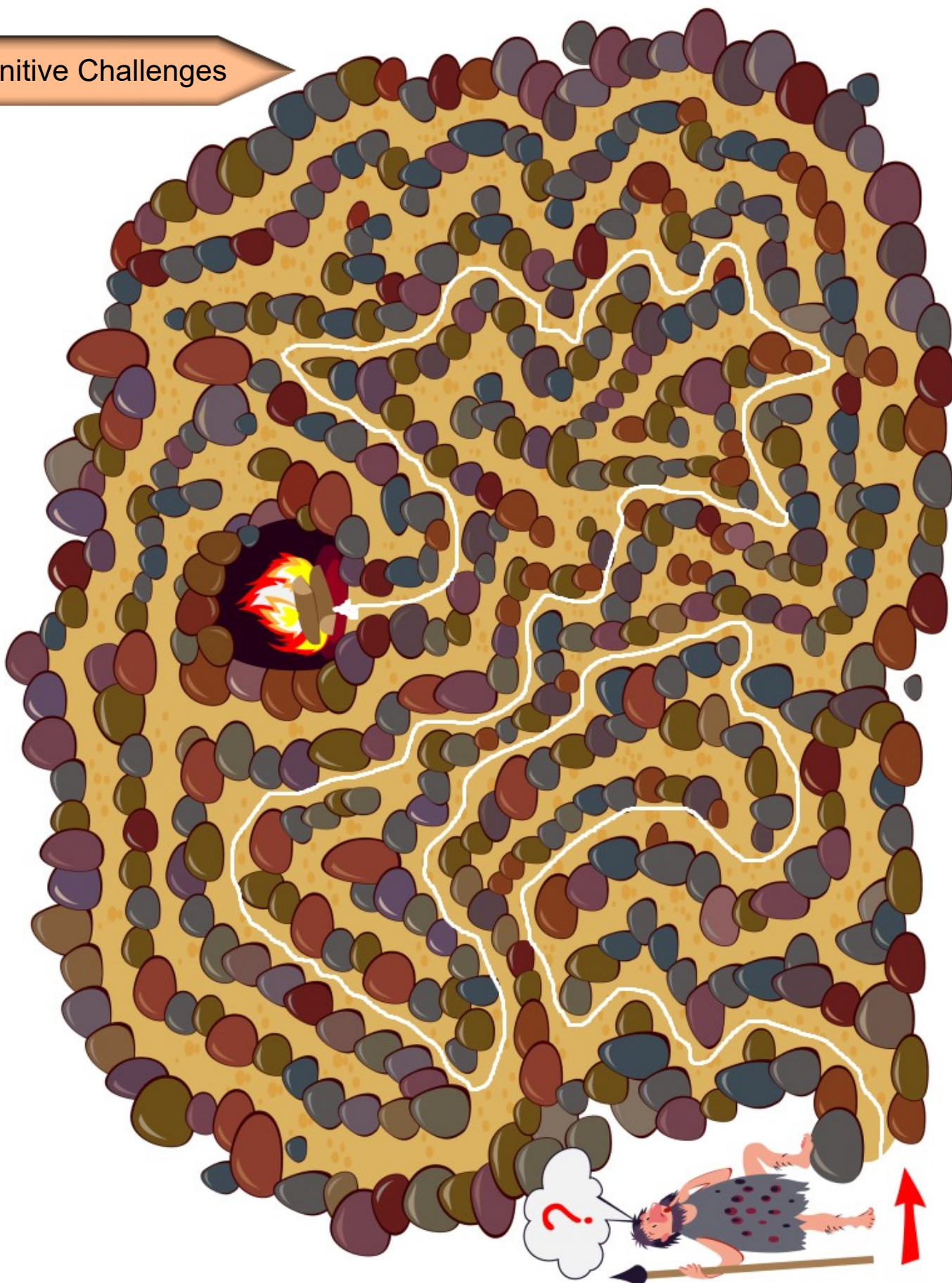


Answer on page 16

Turn page sideways

Find Your Way

Cognitive Challenges



A Special Verse

Why God Gave Us Friends

*GOD Knew That Everyone Needs
Companionship And Cheer,
He Knew That People Need Someone
Whose Thoughts Are Always Near.*

*He Knew They Need Someone Kind
To Lend A Helping Hand.
Someone To Gladly Take The Time
To Care And Understand.*

*GOD Knew That We All Need Someone
To Share Each Happy Day,
To Be A Source Of Courage
When Troubles Come Our Way.*

*Someone To Be True To Us,
Whether Near Or Far Apart.
Someone Whose Love We'll Always
Hold And Treasure In Our Hearts.
That's Why God Gave Us Friends*

