



Recent projects include a restoration of an old cart, preparing a memorial garden at the shed, installing a new dust extraction system and installing a new door for a local business



Our main fundraising activity is the cutting and bagging of kindling which has proven to be a major source of funds which keeps our fees low and enable us to purchase much needed equipment.

## Meeting Information

### WHEN:

We meet every Tuesday and Thursday from 8am to 12:30pm

### WHERE:

Our shed is located in Rutherglen Park behind the Kindergarten. Enter off High St, parking is available near the Shed.

### COST:

A \$5 fee covers morning tea and lunch on Thursday. A \$2 fee is charged for morning tea on Tuesdays. Annual membership is only \$25.



Australian Men's Shed Association  
SHOULDER TO SHOULDER



*Rutherglen  
Community*  
**MEN'S SHED**



## **WHAT IS MEN'S SHED?**

Men's Shed is an Australia-wide program aimed at giving male community members the opportunity to get together and participate in a range of activities in a social setting. The aim of Men's Sheds is to improve the health and well being of members. The concept started in Australia in the 1990's and has now expanded globally to over 12 countries. Including the UK, USA and New Zealand.

The Rutherglen Shed is auspiced by Indigo North Health and we have partnered on a number of health initiatives over the years.

## **WHAT DO WE DO?**

We have been involved in a number of community projects where we help other community organisations such as the RSL, Playgroup, Kindergarten, Arts Rutherglen and Destination Rutherglen are just a few of the entities we have helped. We have supported local businesses such as Campbell's, Pfeiffer's, Victoria Hotel and

Alister's Limousine Service. We have also helped numerous community members with their home projects such as furniture repairs. Many members also bring items from home and work on a repair or build project at the shed.

## **HOW DO WE FUND OUR ACTIVITIES?**

Our primary fundraiser is the manufacture of kindling which is sold in the Main St by three very supportive businesses. We receive some amazing equipment donations from community members which we on-sell and, as a non-profit organisation, we are able to apply for grants that support our activities. We also make items such as cutting boards which we then sell to the public.

## **HOW ARE WE ORGANISED?**

We have a small committee of management consisting of a President, Secretary and Treasurer as well as several general committee members. Safety is paramount so we also have designated safety officers. We also have a publicity officer who prepares a newsletter for members and the general community as well as

showcasing some of our achievements on Facebook.

## **WHAT EQUIPMENT IS AVAILABLE?**

Our Shed has a very well equipped workshop. A large range of hand and power tools is available and qualified instructors are on hand to offer assistance where necessary. We now also have a welding bay established with several members willing to assist with metal work projects.

## **WHAT ELSE DO WE DO?**

It is not necessary that members have a woodwork or metal work skill. If you wish to learn a new skill, the shed is an ideal supportive environment in which to learn. Those with an interest in gardening can help develop our memorial garden.

Or you can just come along for a chat and a cuppa and enjoy the company of other men from all walks of life. We also have a range of magazines and books to read.

## **NEED MORE INFO?**

Call the Shed on **0402 479 935** or Indigo North Health **02 6033 6222**.