

Address: 168 High St, Rutherglen VIC 3685

Telephone: 02 6033 6200

Email: inh@inh.org.au / www.inh.org.au

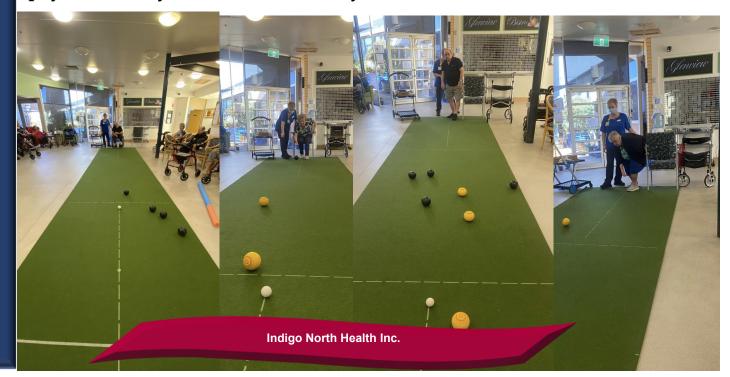
Facebook Indigo North Health

January Revisited

Each week we take scenic bus tours within our local region. Reminiscing and sharing local knowledge or even a joke or two. We also ensure we visit our new facility weekly to see how the works are progressing.



Carpet Bowls is always a favourite activity. Highly competitive, fun and a great physical activity for all levels of ability.



January Revisited

Julia Croft bought in her seven week old grand daughter Lucy to meet everyone. Lucy sure was a delightful surprise!



















January Revisited

Hydro Therapy (water exercises) are back for INH residents!!

Apart from the benefits of low impact, low weight bearing exercise and the freedom of mobility without stress to the joints we have SO much fun!

This is evident in the faces and comments from our lovely INH Mermaid's and Mermen's whilst in the pool.

A big shout out to our wonderful volunteers who help us with residents in the pool and our volunteer bus driver who we also would not be able to run the program without. We are very blessed to have these wonderful helpers who give up their valuable time each week to give our lovely residents the chance to engage in activities that enrich their lives and make them feel at home.

INH Allied Health Team





New— Monthly Church Service with Richard Keith

Wednesday 7th 11:00am, Main Lounge

New—Balance Exercise Group

Tuesdays 11:00am, Training Room

Returning — Hydro Therapy

Tuesdays 1:00pm

Shrove Tuesday—Cooking Pancakes

Tuesday 13th 9:30am, Dining Room

Poetry Readings

Wednesday 14th 11:00am, Main Room

Tai Chi with Gail

Wednesdays 3:30pm, Main Lounge

Carpet Bowls

Thursdays 2:00pm, Dining Room

Live music with Basia

Tuesday 6th & 20th 11:00am, Main Lounge



Special Celebrations

3rd Remembering Buddy Holly

4th World Cancer Day

6th Waitangi Day (NZ)

9th Brazilian Carnival

10th Chinese New Year

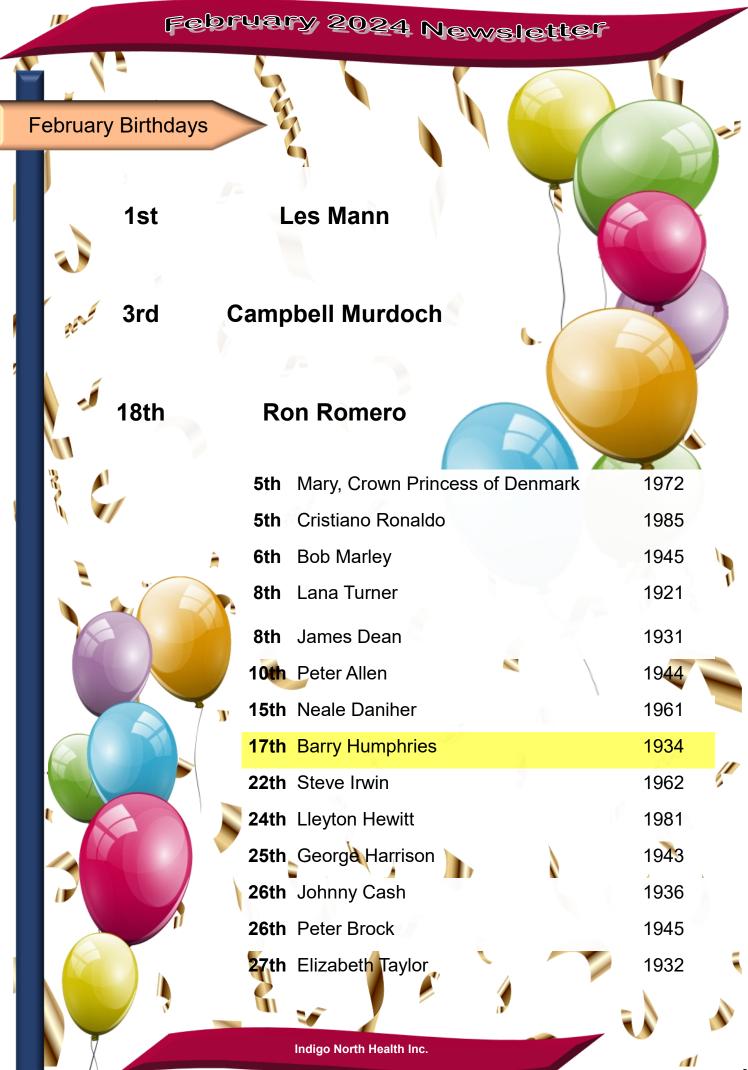
Abraham Lincoln's
Birthday,
Royal Hobart Regatta
(Tas)

13th Shrove Tuesday, World Radio Day

14th Valentine's Day, Ash Wednesday

21st Int. Mother Language Day

29th Leap Day



Celebrity spotlight

John Barry Humphries was a distinguished Australian theatre personality and comedian best known for his characterisations like 'Dame Edna Everage' and 'Sir Les Patterson'. A multi-talented personality, he was an actor, comedian, satirist, author, script writer, landscape painter and film producer. For close to five decades, he had been successfully working in stage productions including one-man shows, television shows and films. His portrayal of Edna, a dowdy Australian housewife, for around fifty years had brought him international fame and stardom. Humphries began his acting career as a stage artist and with time emerged as a star of the West End musical theatre, London. He made his film debut with a cameo in 'Bedazzled' a hit film of 1967 and went on to play several other supporting and cameo roles. A prolific writer, Humphries had penned down novels, autobiographies, treatise, scripts and plays. In 1993 he earned the 'J. R. Ackerley Prize for Autobiography' for 'More Please', his first autobiographical work. He received several awards including 'British Comedy Awards' (1999) and 'Tony Award' (2000). He was honoured as 'Officer of the Order of Australia' ('AO') in 1982 and 'Commander of the Order of the British Empire (CBE)' in 2007.





Childhood & Early Life

- He was born on February 17, 1934, in Kew, a suburb in Melbourne, Australia in the affluent family to Eric Humphries and Louisa Humphries. His father worked as a construction manager.
- He spent a happy early childhood with his parents, who fondly called him 'Sunny Sam' bringing him all that he wished for. He would spend hours at the back garden dressing himself in different characters with his box full of character dresses, such as a sailor or a Red Indian. He liked entertaining people since his childhood and these small aspects of his early age set his stage for pursuing a successful career in the entertainment world.
- He attended the 'Camberwell Grammar School' in Canterbury, Melbourne and thereafter studied in 'Melbourne Grammar School' in South Yarra and Caulfield, Melbourne. He was not a sports enthusiast, avoided cadets and disliked mathematics. In his matriculation, he came out with flying colours in English and Art.
- He attended 'Queen's College' affiliated to 'University of Melbourne' and studied Philosophy, Fine Arts and Law, but dropped out after two years.

Celebrity spotlight

- He became a prominent exponent of 'Dada', a nonsensical and deconstructive art movement that evolved in Zurich during 'World War I'. From 1952 to 1953, he was involved with a group that created several recordings in Melbourne that were inspired by 'Dada'.
- He was fabulous with his eye-catching and provocative public pranks that would exhibit his enthusiasm in weird and bizarre stuffs, which probably helped him in portraying various quirky and comic characters with great élan.
- One such prank would be the mischievous 'sick bag' gag. He would carry a tin of 'Heinz Russian Salad' with him in flight and would secretly pour it in an air-sickness bag. Later he would pretend to vomit in the bag and then to the dismay of the passengers and crew members, he would go ahead to eat the stuff.

- He joined the newly established 'Melbourne Theatre Company' (MTC'). It was set up by John Sumner in 1953.
- In 1955 he first conceived and shaped up the character of Edna Everage for a skit. It was first characterised in the stage show 'Olympic Hostess' at the 'Union Theatre' of 'Melbourne University' on December 12, 1955.
- He relocated to Sydney in 1957 and joined 'Philip Street Revue Theatre' that eventually emerged as a prominent theatre showcasing lampoon and satirical comedy. His first performance there was in a satirical revue called 'Two to One' that also starred seasoned music star Max Oldaker.
- He revived the 'Olympic Hostess' in 'Philip Street Revue Theatre' and the character of Edna seemed to be a hit that saw it run eight shows a week for fourteen months.
- Over the years he did several stage performances touring around Australia, Germany, Netherlands and Scandinavia and in the Middle and Far East.
- In 1964, suggested by Peter Cook, publisher of satirical magazine 'Private Eye', Humphries created a cartoon strip 'The Wonderful World of Barry McKenzie', drawings of which were made by artist Nicholas Garland of New Zealand. The comic strips compiled into a book were published in London but saw a ban in Australia. The film 'The Adventures of Barry McKenzie' (1972) and its sequel 'Barry McKenzie Holds His Own' (1974) were based on the book starring Australian singer Barry Crocker in the lead.

In 1967 he made his film debut with a cameo in the film 'Bedazzled'. He featured in many other films in supporting and cameo roles such as 'Percy's Pro-



Career

Celebrity spotlight

- gress' (1974), 'The Great Macarthy' (1975), 'Side by Side' (1975), 'The Getting of Wisdom' (1977), 'Dr. Fischer of Geneva' (1985) and 'Napoleon' (1995).
- He lent his voice in films such as 'Finding Nemo' (2003) as 'Bruce'; 'The Hobbit: An Unexpected Journey' (2012) as 'Great Goblin' and in 'Justin and the Knights of Valour' (2013) as 'Braulio'.
- His forte however remained the one-man satirical stage revues where he mostly portrayed the characters of Edna Everage, Les Patterson and Sandy Stone. Some of his 2½ hours monologue shows include 'A Night with Dame Edna' (1979); 'An Evening's Intercourse with Dame Edna' (1982); 'Edna, The Spectacle' (1998); 'Back with a Vengeance' (2007) and 'Dame Edna Live: The First Last Tour' (2009).
- His television appearances include two series comedy talk show 'The Dame Edna Experience' (1st series September-December 1987 and second series November-December 1989); social history series 'Barry Humphries' Flashbacks' (1999) and comedy chat show 'The Dame Edna Treatment' (2007).

- ly developed and performed in various mediums, for decades garnered him international reputation and fame as a remarkable comic and satire artist.
- The other two prominent characters created by him are 'Sir Les Patterson' and 'Sandy Stone' who frequently appeared in his stage shows.

Personal Life & Legacy

- He married Brenda Wright in 1955 but they divorced in 1957.
- In 1959 he married Rosalind Tong. This marriage too culminated into divorce in 1970.
- His third marriage was with Diane Millstead in 1979, which again resulted in divorce in 1989.
- At the time of his death, 22nd April, 2023, he was married to Lizzie Spender, daughter of English poet and novelist Sir Stephen Spender, since 1990.
- He has four children, two sons, Rupert and Oscar and two daughters, Emily and Tessa from his second and third marriages. While Tessa is an Australian actress, Oscar is the editor of the English monthly magazine, 'Apollo'.
- During 1960s he became highly addicted to alcohol which slowly started affecting his professional as well as personal life. It was the reason for breakdown of his marriage with Brenda Wright and also attributed to the failure of his second marriage. Later he shunned alcohol for life.
- He was an avid reader since his childhood and has a collection of around twenty-five thousand books in his London house in West Hampstead. An accomplished landscape painter himself, he was a

Major Works

 Edna Evfictional acter that



erage, the comic charhe gradual-

Celebrity spotlight

leading art collector whose collections include works of the likes of Charles Conder and Jan Frans De Boever.

He was also a patron of music and arts.



Announcements

New Residents

A very warm welcome to:

Mrs. Janice Field



Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives.



Cultural Celebrations

This month we will be celebrating:
Waitangi Day (NZ) and Valentines Day.



In Memoriam

Sadly we say goodbye to our much loved residents

- Mrs. Edna Eaton
- Mrs. Maggie Sharp

To their family and friends - May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was an honour and a privilege.

Hairdresser

Tim our barber will be here on 19th February.

Lucy our hairdresser will attend Glenview for a minimum of 10 appointments. Date to be confirmed once slots are filled.

Please let nursing or L&L staff know if you would like to book an appointment.

Outings

During Summer, we will be holding our scenic tours Thursday mornings.

Scenic tour 1 will depart at 9.30am

Scenic tour 2 will depart at 11.10am

See Leisure and Lifestyle staff for a place on a suitable tour.

Indigo North Health Inc.

New Staff

A warm welcome to the following staff who joined the Indigo North Health Team!

- . Abbie Hetherington—Catering Team
- . Andrew McLean—RN





Wives are such a big help

A man who was driving a car with his wife was stopped by a police officer. The following exchange took place. The man says, "What's the problem, officer?"

Officer: "You were going at least 125kmp/

Man: "No sir, I was going 100kmp/h."

Wife: "Oh, Harry. You were going 140kmp/h." (The man gave his wife a dirty look.)

Officer: "I'm also going to give you a ticket for your broken taillight. "

Man: "Broken taillight? I didn't know about a broken taillight!"

Wife: "Oh Harry, you've known about that taillight for weeks." (The man gave his wife another dirty look.)

Officer: "I'm also going to give you a citation for not wearing your seat belt."

Man: "Oh, I just took it off when you were walking up to the car."

Wife: "Oh Harry, you never wear your seat belt."

The man turned to his wife and yelled, "SHUT YOUR MOUTH!"

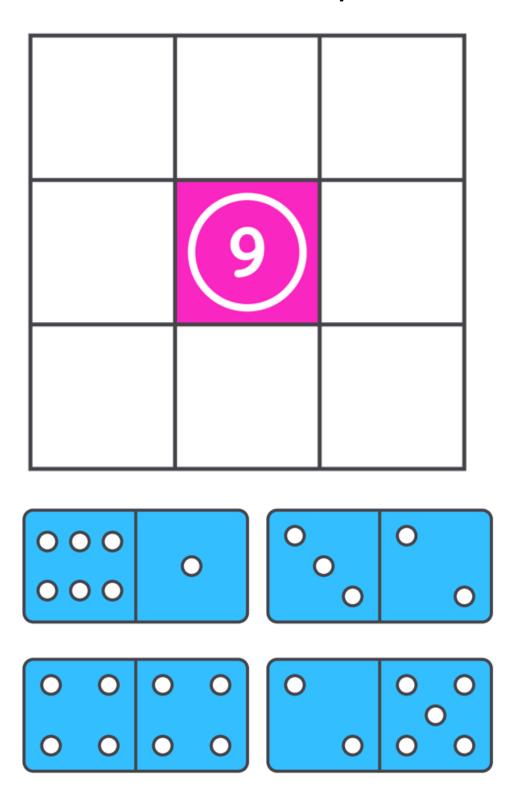
The officer turned to the woman and asked, "Ma'am, does your husband talk to you this way all the time?"

The wife said, "No, only when he's drunk.





Place dominoes so all sides add up to 9



Answer on page 15



Answer

