

2024

# Glenview Grapevine

## March

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# March 2024 Newsletter

## February Revisited



In February, our scenic tours were one of the many highlights throughout the month. We had the opportunity to visit a farm to say G'day to the dogs; who lapped up all of the attention from everyone on board. Hidden little treasures were also discovered in Springhurst!



# March 2024 Newsletter

## February Revisited



Word games are popular and fantastic for cognitive challenges, whether in a puzzle book or online. Alan and Gary both enjoyed their time on the L&L



As part of the Rutherglen High School Community Connections program, Year 9 students Adelyn, Indigo and Gemma came in to take part in our balloon tennis activity. Thanks girls,



Weekly morning walks not only keeps us active, but mentally stimulated with reminiscing sessions along the way.



Thank-you to all staff who participate in Fun Scrub Thursdays each week. The different designs provides colour therapy, puts smiles on faces and encourages conversations throughout the day!



# March 2024 Newsletter

## Exciting March Events Ahead

### Resident & Representatives Meeting

Friday 1st 1.15pm, Main Lounge

### Footy Tipping Begins

Tuesday 5th March

### International Women's Day

Friday 8th 11.30am, Wendy Grantham's farm

### Hydro Therapy with Allied Health

Tuesdays 1:00pm, Wangaratta Indoor Pool

### Rutherglen Primary School Visits

1st, 6th, 13th, 15th, 22nd, 27th March 10:30am

### KVE—Military Vehicle Display

Thursday 14th 2:30pm, Rutherglen Showgrounds

### St Patrick's Day

Sunday 17th

### Men Shed returns

Monday 18th 11.00am, Chiltern Men Shed

### RSL—Rhythm & Brews Live Music and Lunch

Wednesday 20th 11.30am, RSL Corowa

### Easter



Good Friday 29th, Easter Saturday 30th, Easter Sunday 31st, Easter Monday 1st April.

## Special Celebrations

**1st** St David's Day

**3rd** World Wildlife Day

**8th** Int. Women's Day

**10th** The Oscars

**11th** Labour Day (VIC)

**17th** St Patrick's Day

**20th** Int. Day of Happiness

**21st** Harmony Day

**24th** Palm Sunday, Purim

**25th** Greek Independence Day

**29th** Good Friday

**31st** Easter

# March 2024 Newsletter

## March Birthdays

**4th Terry Jepson**

**28th Pat Cresser**

**28th Carmel Seymour**

**29th Claire McInerney**

**2nd Daniel Craig 1968**

**2nd Dr Suess 1904**

**7th David Koch 1956**

**10th Chuck Norris 1940**

**11th Rupert Murdoch 1931**

**14th Albert Einstein 1879**

**15th Ann Sanders 1960**

**25th Aretha Franklin 1942**

**25th Elton John 1947**

**26th Chips Rafferty 1909**

**26th Jon English 1949**

**29th Billy Thorpe 1946**

**29th Elle Macpherson 1964**

**30th Celine Dion 1968**

## Celebrity spotlight

Celine Dion is a Canadian singer counted among the highest earning singers in history. Highly popular not just in her native Canada, but all over the world for her soulful and melodious voice, she is best known for singing 'My Heart Will Go On', the main theme song of the 1997 blockbuster film 'Titanic'. The song peaked at No. 1 in several countries across the continents including Canada, United States, United Kingdom, Ireland and Australia and made her one of the most sought-after singers in the world. This was the kind of fame and success even Dion herself would not have envisioned decades ago when as a little girl she was growing up in a large, poverty-stricken family. Talented and ambitious from a young age, she always dreamed of becoming a singer one day. As a child she began performing at the small club her parents operated and composed her first song in collaboration with her mother and brother at the age of 12. This song grabbed the attention of music manager Rene Angelil who was so touched by her voice that he mortgaged his home to finance her first record. His intuition proved to be right, and soon Celine became a major star in Canada. Gradually her popularity spread to other parts of the world and today she figures among the best-known international singers.



Child-

hood & Early



## Life

She was born on 30 March 1968 in Quebec, Canada, as the youngest of 14 children into a poor family. Her father Adhemar Dion was a butcher while her mother Therese Tanguay was a homemaker. Her childhood, though spent in poverty, was generally happy one.

Her family had always been musically inclined, and her parents even ran a small piano bar called Le Vieux Baril. Naturally talented in music from an early age, she made her first public appearance in 1973 at the age of five, singing at her brother's wedding.

Eventually she started performing with her siblings at her parents' bar and nurtured a dream of making it big one day as a famous singer.

When she was 12, Celine composed a song, 'Ce n'était qu'un rêve' in collaboration with her mother and brother. This demo tape was sent to music manager Rene Angelil who immediately recognised the young girl's potential and mortgaged his own home to finance her debut album, 'La Voix du bon Dieu' (The Voice of God). It was an instant hit and Celine became a star in Quebec.

## Celebrity spotlight

### Career

She competed in the 1982 Yamaha World Popular Song Festival in Tokyo, Japan, where she won the award for "Top Performer" as well as the gold medal for "Best Song". Following this, her popularity began to spread to other parts of the world as well.

Over the next few years, she participated in competitions all over the world in countries in Europe, Australia and Asia, cementing her popularity as a teen sensation.

After having sung only in French all this while, she learned English and released her English-language debut album, 'Unison' in 1990 in North America; the album was released the next year in the rest of the world.

She released the album 'The Colour of My Love' in 1993 which showcased romantic ballads including 'When I Fall in Love' and 'The Power of Love', the latter of which hit No. 1 on the Billboard Hot 100.

In 1997, she brought out the album, 'Let's Talk About Love' which included the romantic ballad, 'My Heart Will Go On', which also served as the love theme for the film 'Titanic' and went on to become Dion's signature song.

She took a break from her musical career for a while to focus on her family. In 2002, she released the album, 'A New Day Has Come', after a gap of five years. The album received mostly positive reviews from critics.

In 2002, she also announced a three-year, 600 show contract to appear five nights a week in an entertainment extravaganza, 'A New Day...' at The Colosseum at Caesars Palace, Las Vegas. The first show premiered on 25 March 2003 in a 4,000-seat arena.

Dion performed her biggest hits in the show which was a combination of music, dance and visual effects, choreographed by Mia Michaels and directed by Dragone. The shows were very successful and ran till late 2007.

Later she had remained away from the show business to take care of her husband who was suffering from cancer, he died in early 2016. During this time, she was in the midst of her Las Vegas residency and was recording the French album *Encore un soir* (2016; "One More Night"), which was released some seven months after René Angélil's death. She later recorded "How Does a Moment Last Forever" for the live-action *Beauty and the Beast* (2017) and "Ashes" for the parody superhero film *Deadpool 2* (2018).

In 2019 Dion released *Courage*, her first English-language album in six years. Three years later the singer announced that she had been diagnosed with stiff-person syndrome. The rare neurological disorder was causing spasms that affected her mobility and vocal chords. As she underwent treatment, Dion cancelled or postponed various dates for her 2023 tour.



## Celebrity spotlight

### Awards & Achievements

She is the proud recipient of five Grammy Awards, including Album of the Year for 'Falling Into You' and Record of the Year for 'My Heart Will Go On'.

She had surpassed 175 million in album sales worldwide by 2004 and was presented with the Chopard Diamond Award at the World Music Awards for becoming the best-selling female artist of all time.

Dion has also won several Félix Awards, including "Best Female performer" and "Discovery of the Year".

### Major Works

Her most popular song is 'My Heart Will Go On', the main theme song of the blockbuster film 'Titanic' which peaked at No. 1 all over the world. It is her biggest hit and one of the best-selling singles of all time.

### Personal Life & Legacy

She married her manager, Rene Angelil, on 17 December 1994. She had known him for a long time, having first met him in 1980 when she was a 12 year old girl and he, a 38 year old man. The couple has three children.



## Announcements

### New Residents

A very warm welcome to:

- Mrs Carmel Seymour



### Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives.



### Cultural Celebrations

This month we will be celebrating:  
St Patricks Day and Easter.

Look out for the activities calendar for events.



### In Memoriam

Sadly we say goodbye to our much loved resident

- Mrs. Betty Nash

To her family and friends  
- May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was an honour and a privilege.

### Hairdresser

We are please to announce that our new Hairdresser Hanah will commence in mid March.

Please let L&L, nursing staff or reception know if you would like to book an appointment.

### Outings

This months outings are:

- International Woman's Day with a ladies high tea at "Sweethill" farm.
- Military Vehicles Display by KVE at Rutherglen Showgrounds
- Men Shed returns
- RSL Corowa Rhythm & Brews

## New Staff

A warm welcome to the following staff who joined the Indigo North Health Team!

- *Leanne McMahon—Catering Team*
- *Mya Carter —PCA*
- *Natalie Keaveney—EEN*
- *Jigar Patel—PCA*



Welcome  
We are glad you're here

## Light Heartedness

## View on Ageing

Do you realize that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions.

"How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key.

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead.

"How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life . . You become 21. Even the words sound like a ceremony . . YOU BECOME 21. YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're just a sour-dumpling. What's wrong? What's changed?

You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 And your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would!

So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60.

You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday!

You get into your 80's and every day is a complete cycle; you HIT lunch; you TURN 4:30; you REACH bedtime. And it doesn't end there. Into the 90's, you start going backwards; "I Was JUST 92."

Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!"

May you all make it to a healthy 100 and a half!!

<b>Consumer Advisory Committee Agenda</b>
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**Date: Friday 1<sup>st</sup> March**

**1.0 In attendance:** 22 residents and 1 family member

**2.0 Apologies:** N/A

**3.0 Summary of previous meeting:**

- Catering Services - Adrian updated on summer menu, new TV screens with menu
- Environmental – Shane provided update on new facility build
- Director of Nursing – Kerry provided information about the shingles vaccine
- Quality Manager – Annette advised of new Consumer Advisory Board and asked four residents to be a part of this group.
- Leisure and Lifestyle – Kerrie spoke about winning further gift cards as part of monthly Wheel of Fortune competition, showed new games which were donated. Asked for feedback, comments/suggestions or ideas for any other activities residents would like to take part of that is not currently on offer as part of the leisure program.

**4.0 Correspondence:**

**5.0 Compliments / Comments:**

- Cheryl thanked all staff at INH.

**6.0 Catering Services**

- Kerrie asked for feedback regarding new menu screen in dining. Residents responded positively to change.

**7.0 Environmental Report:**

- Erica Anderson introduced herself in her newly created role of Commissioning Manager. The contract is for twelve months and Erica's role is to assist Shane and INH management with the transition to the new facility.  
Erica provided a digital 'walk through' of the new facility, highlighting its features with 2 X 10 bed hubs and 2 X 15 bed hubs. She encouraged residents to consider their choices for which they would be comfortable sharing their hub with and to offer any suggestions they may have for the new facility.

## **Consumer Advisory Committee Agenda**

Copies of the original title have been donated. This show the land was originally purchased for £46.

A survey will be distributed to residents and families to capture the history of the existing facility.

- Shane outlined the garden plans, showing internal courtyards for each hub and a kitchen garden to be located in proximity to the kitchen. He also highlighted the community features along the Main Street. These included a hairdressing salon, community centre, library, café, movie theatre/multimedia room, spa room, reflective space and accommodation for families staying overnight.
- Shane also briefly outlined the role of the newly created Consumer Advisory Group and encouraged residents to offer ideas and suggestions to the resident representatives on that group. The group will meet quarterly and minutes from those meetings will go to the Board of Management.
- Annette spoke in more depth about the structure of the Consumer Advisory Group and alerted residents of an imminent satisfaction survey. These will now be conducted quarterly.
- As a member of the Consumer Advisory Group, Leonie suggested the inclusion of a male representative.

### **8.0 Infection Prevention and Control Report: N/A**

### **9.0 NUM Report and Care Related Information: N/A**

### **10.0 Leisure and Lifestyle Report/Outline**

- Kerrie advised the Wheel of Fortune group has received another \$10 voucher, bringing the total to \$190. Kerrie will meet with that group to discuss options for what purchases might be made with the vouchers.  
Kerrie also advised that a new hairdresser has been found. Her name is Hannah and she will be offering a fortnightly service commencing mid-March. A beautician (Eden) will also be offering services – commencing soon.  
March is panning out to be a busy month:
  - March 8 there will be a high tea at Wendy Grantham's for the ladies in recognition of International Women's Day

<b>Consumer Advisory Committee Agenda</b>
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- Men's Shed returns Monday 18<sup>th</sup> and will occur fortnightly.
  - RSL Rhythm & Brews to resume Wednesday 20<sup>th</sup> March.
  - March 14 - Khaki Vehicle Enthusiasts are providing a rally at the showground for Glenview residents.
  - Easter celebrations will round off the month.
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- Cheryl offered a vote of thanks at the close of the meeting