

2024

Glenview Grapevine

August

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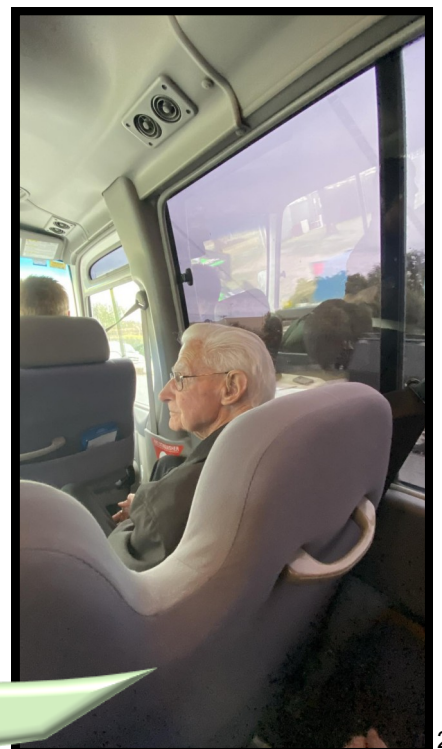
August 2024 Newsletter

July Revisited

Our new weekly doubles tennis competition is proving to be a "hit" with players.



Volunteer Nick hosted our special local Historical Tours during July, where we learned about the early history of Rutherglen and surrounds. A special thanks to Mick Morris who also contributed informative information and enlightened us during the tours!



August 2024 Newsletter

Last Month Revisited

We tried our hand at dot paintings for Naidoc Week and learned about the various art symbols used in First Nations People's Artworks.



The Intergenerational Program was welcomed back after the school holidays. Rutherglen Primary Students visit each Wednesday morning and engage in various joint activities, forming wonderful connections with each visit.



Ham and cheese scrolls were expertly prepared. We appreciate the dedication of our chefs and supervisors in making this possible.



Exciting Events Ahead

International Beer Day—Happy Hour

Friday 2nd August 2.15pm, Dining Room

Men's Shed Chiltern

Monday 5th & 19th August 11.00am

Church Service—Richard Keith

Wednesday 7th August 11.00pm, Dining Room

Rutherglen Primary Visits

Wednesdays 9.30am, Dining/Main Lounge Room

Tai Chi with Gail

Wednesdays 3.30pm, Main lounge

Cooking

Monday 12th August 2.30pm, Dining Room

Art & Craft

Monday 5th & 26th August 3.00pm, Dining Room

Armchair Travel—Sweden

Monday 19th August 3.00pm

RSL Corowa—Rhythm & Brews

Wednesday 21st August 11.30am



Special Celebrations

- 1st** Horse's Birthday
- 4th** International Beer Day
- 5th** NSW Bank Holiday
- 9th** World Indigenous Peoples Day
- 12th** International Youth Day
- 13th** International Left Handers Day
- 14th** Royal National Agricultural Show (QLD)
- 15th** Indian Independence Day
- 19th** National Aviation Day
- 21st** World Senior Citizens Day
- 21st** RSPCA Cupcake Day
- 31st** Daffodil Day

August 2024 Newsletter

August Birthdays

8th Tom Grantham

9th Helen Eales

21st Jen Kay

24th Dot Weir

4th Barack Obama 1961

4th Louis Armstrong 1901

4th Queen Mum - Elizabeth Bowes-Lyon 1900

5th Neil Armstrong 1930

6th Lucille Ball 1911

8th Roger Federer 1981

9th Whitney Houston 1963

13th Alfred Hitchcock 1899

14th Steve Martin 1945

17th Robert De Niro 1943

25th Sean Connery 1930

29th Michael Jackson 1958

30th Warren Buffett 1930

31st Richard Gere 1949

Announcements

New Residents

A very warm welcome to:

- Andy Barton
- Max Jasper



Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives.



Cultural Celebrations

This month we will be taking an Armchair Travel to Sweden on Monday 19th August at 3.00pm.

Leisure and Lifestyle staff member Eva will also be hosting a slideshow of her trip to Sweden during the month, stay tuned for details.

Church Service

Join us for our monthly church service provided by Richard Keith on Wednesday 7th August at 11.00am in the Dining Room.



Hairdresser

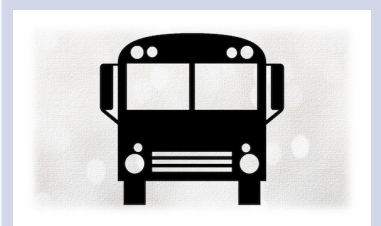
Hairdresser Hanah is available for bookings. To book an appointment, please speak to L&L staff, nursing staff or reception.



Outings

This month we will be going to RSL Rhythm & Brews Wednesday 21st August.

Scenic tours run each Thursday at 9.30am and 11.00am.



Consumer Advisory Committee Agenda

Date to be held: Friday 12th July 2024

1.0 In attendance: Penny Bingham – Host, Erica Anderson - Commissioning Manager, Kerry Foyne – Director of Nursing. 21 Residents + 4 Family members.

2.0 Apologies: Adrian Ridley – Catering Manager, Annette Nuck – Quality Assurance, Shane Kirk - CEO

3.0 Summary of previous meeting:

- Erica Anderson – Introduced herself in additional role as Commissioning Manager for the transition to the new facility. Erica provided digital walk through presentation and history on the block.
- Shane presented artist impressions of the garden areas, Main Street, community hub, family and entertainment areas.
- Shane discussed Consumer Advisory Board and encouraged resident to speak to residents on the Board with ideas and suggestions to be taken to the Board of Management quarterly.
- Annette spoke more in depth regarding the Consumer Advisory Board.
- Kerrie discussed winnings from Wheel of Fortune competition, Hairdressing and events.

4.0 Correspondence: N/A

5.0 Compliments / Comments: N/A

6.0 Catering Services: N/A

7.0 Environmental Services Report:

Erica Anderson: In her role as Commissioning Manager, Erica provided a detailed overview of progress and features of the new building:

- Frames continue to go up. Some sections still without a roof.
- Progress on target for February 2025 completion.
- Each resident will enjoy a private room with ensuite. Rooms are larger than current accommodation and provide more cupboard/wardrobe space.
- Each room has ceiling tracking, eliminating the use of hoists, although each wing will have two disability rooms for residents with higher needs. These rooms are larger, with space for additional support equipment, if required.
- Each wing has a kitchen, dining and quiet area, offering more comfort for visitors.
- Each wing also offers one set of two rooms with a connecting door to enable spouses/partners to continue to cohabitate.

Consumer Advisory Committee Agenda

- There is also a family dining room, where residents will be able to enjoy special celebrations with their family.
- A courtyard, with seating separates each wing.
- It is envisaged the café, bar and community hub will bring the community together.
- Erica's vision is for specialist medical practitioners to rent a room in the medical centre to offer regular consultations.
- Erica asked for thoughts with regard to room allocation. She will consult with residents to ascertain their preferences and will endeavour to accommodate all requests.
- Residents indicated they are excited about moving to the new location.
- No one expressed concerns.

8.0 Infection Prevention and Control Report – N/A

9.0 NUM Report and Care Related Information

Kerry Foynes: Kerry requested feedback from residents and/or family members by way of compliments or concerns as part of the facility's quality improvement program.

- Residents were reminded any comments or concerns could be directed to the resident members of the Consumer Advisory Group.
- Leonie indicated she would start those conversations with residents in anticipation of the August meeting of the group.
- Kerry also alerted residents to the Department of Health information regarding covid and flu vaccination.

10.0 Leisure and Lifestyle Report/Outline

Eva Pettersson: Eva reported that the L&L program had \$110 to spend from Wheel of Fortune wins and a donation.

- She suggested purchase of a new card table to replace the current one, which is in a state of disrepair. Residents agreed with this suggestion.
- The remainder of the funds will be spent on new activity items

Word Search

SUMMER OLYMPICS



E Z Q V X H A N D B A L L G
L J E E O R F E N C I N G P
D Q Q E Q L U T E N N I S Q
V K U B B A L G D Y G J T S
V T E A T A R E B Y O J R W
A R S S A S D C Y Y L U A I
T I T K E H S M H B D D M M
H A R E K O A D I E A O P M
L T I T W O I I W N R L O I
E H A B O T L V I P T Y L N
T L N A N I I I T R Q O I G
I O M L D N N N S J Y D N R
C N V L O G G G C U K W E D
S M V K Q N F O O T B A L L

Football

Taekwondo

Handball

Basketball

Triathlon

Tennis

Rugby

Archery

Badminton

Diving

Trampoline

Sailing

Athletics

Equestrian

Judo

Volleyball

Shooting

Fencing

Gold

Swimming

Light Heartedness

- Long ago when men cursed and beat the ground with sticks, it was called witchcraft... Today, it's called golf !
- Eventually you will reach a point when you stop lying about your age, and start bragging about it..
- The older we get, the fewer things seem worth waiting in line for.
- Some people try to turn back their odometers. Not me, I want people to know "why" I look this way. I've travelled a long way...and some of the roads weren't paved.
- When you are dissatisfied and would like to go back to youth, think of Algebra.
- You know you are getting old ...when everything either dries up or leaks.
- One of the many things no one tells you about aging, is that it is such a nice change from being young.
- One must wait until evening to see how splendid the day has been.
- Ah, being young is beautiful, but being old is comfortable.
- Old age is when former classmates are so gray and wrinkled and bald, they don't recognize you.
- If you don't learn to laugh at trouble, you won't have anything to laugh at when you are old.
- If you jog in a jogging suit, lounge in lounging pyjamas, and smoke in a smoking jacket, WHY would anyone want to wear a wind breaker?? Hmm?

And best of all...

- I don't know how I got over the hill, without getting to the top.

