

2024

Glenview Grapevine

October

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Facebook Indigo North Health

October 2024 Newsletter

September Revisited

The ladies were hands on in September making delicious chocolate truffles for all to share. Well done to all that assisted!



We welcomed our special little visitor Lily during September spreading joy as she met the Glenview family!



October 2024 Newsletter

Last Month Revisited

The Intergenerational Program continues to be a success with bond forming weekly. Children asking for their favourites, share reading, school work and have fun playing a variety of cognitive and physical games together.



Corowa Rhythm and Brews had everyone on their toes dancing, including the staff who were taught a few dances moves!



October 2024 Newsletter

Exciting Events Ahead

Church Service—Richard Keith

Wednesday 2nd 11.00pm, Main Lounge Room

Tai Chi—Gail Twigg

Wednesdays 3.30pm, Main Lounge Room

Gardening Club

Mondays 11.00am, Garden Balcony

Rutherglen Primary Visits

Wednesdays starting 9.30am from 9th October

De Bortoli's Gallery Outing

Thursday 17th 11.00am

Wheel of Fortune

Friday 18th 11.00am, Main Lounge Room

Men's Shed Chiltern

Monday 21st 11.00am, Chiltern

Mulwala Ski Club—Malibu Deck Lunch

Wednesday 23rd 11.00am

Halloween Dress Up Day & Photo Shoot

Wednesday 31st 11.00am

Special Celebrations

- 1st** International Day of Older Persons
- 2nd** Gandhi's Birthday,
- 4th** World Animal Day
- 5th** World Teachers Day
- 6th** Daylight Savings (AU)
- 9th** World Post Day
- 24th** Royal Hobart Show
- 25th** Pablo Picasso's Birthday
- 27th** Grandparents Day (AU)
- 31st** Halloween

October 2024 Newsletter

October Birthdays

1st **Allan Kilo**

9th **Wayne Morley**

11th **John Haw**

21st **Cheryl Lister**

23rd **Janet Briggs**

1st	Julie Andrews	1935
8th	Paul Hogan	1939
8th	Matt Damon	1970
9th	John Lennon	1940
12th	Hugh Jackman	1968
16th	Angela Lansbury	1925
18th	Chuck Berry	1926
20th	Danii Minogue	1971
24th	Malcolm Turnbull	1954
25th	Helen Reddy	1941
26th	Keith Urban	1967
27th	Theodore Roosevelt	1858
28th	Julia Roberts	1967
29th	Eddie McGuire	1964

New Building Construction Update

By Erica Anderson, Commissioning Manager

We are thrilled to announce that the construction of our new building is progressing smoothly. The new facility will feature state-of-the-art amenities designed to enhance the comfort and well-being of our residents. Here are some key highlights:

Completion Date: The construction is on track to be completed by March 2025.

New Features: The new building will include a modern design featuring 50 single rooms with ensuites in four separate Households. Each household has its own dining and lounge area with smaller sitting areas. There is a Community Hub and Café along with many other destinations along "Main Street", including Games Room, Cinema, Spa Room and Library. Surrounding all of this is a beautiful garden for residents and visitors to enjoy.

Resident Rooms: Each room will be equipped with the latest technology to ensure safety and comfort, including climate control, adjustable beds, recliner chair, emergency call systems, and resident falls detection system.

Transition Process: Spring is the perfect time to tidy up. Please start to sort and discard any items/clothing you no longer use or need prior to moving in next year. Residents are more than welcome to bring along any furniture items, pending space in your room. We plan to have several site visits of the new facility in the New Year for residents and family members prior to moving in to help orientate you.

Whilst INH staff will allocate residents into Households (as a means to balance out the care needs) residents will be able to select their own room.

Initial thoughts are that we will relocate residents over a one week period, filling one household at a time. Effectively this will mean staffing two facilities over this period however, we believe this will allow residents (and staff) time to settle into their new home with less stress.

Family and friends are more than welcome to be involved and especially to help set up your new room with photos and other personal items.

Current Residents: There will be no changes to your current financial arrangements with Indigo North Health. There will be no change in your Bond or Daily Care payments. If you have any questions or concerns about this please don't hesitate to make a time to speak with Shane Kirk, CEO directly.

Respite availability: INH will have the ability to offer respite care for community members from 1 April 2025.

This will be a pre arranged booking system. Please contact Wendy Grantham p 02 6033 6200 or w.grantham@inh.org.au with your enquiries or to make a booking.

Contact Us

We appreciate your patience and support during this exciting time. We will continue to provide regular updates as the project progresses via Resident & Relative meetings and this Newsletter.

If you have any questions or want to share ideas, please don't hesitate to reach out:

e.anderson@inh.org.au or leave a message with Reception and I'll call you back. Ph 02 6033 6200.

Thank you for being a part of our community. We look forward to sharing more updates with you next month!

As always, if for any reason you are unable or uncomfortable with raising concerns with INH staff you can contact the Aged Care Quality and Safety Commission on 1800 951 822.

Photo & plans virtual link

<https://vrasbuilt.s3.ap-southeast-2.amazonaws.com/Zauner/Rutherglen/Rutherglen+-+4D.mp4>





Australian Government
Department of Health and Aged Care

Dear residential aged care providers,

We are aware of scammers who are targeting older people, their carers, and their families by impersonating aged care providers. Some scammers have been stealing Refundable Accommodation Deposit (RAD) payments from them.

Please ask your residents and their families to be cautious of unfamiliar emails, texts, or phone calls. They may contact you to confirm bank details before making payments or to verify that a request was legitimate.

The following information will also help them protect themselves from scams:

- They should always stop and check the person contacting them is legitimate before clicking on links, sharing personal details, or sending money.
- If they're unsure, they should call you using contact details from your official website.
- If something feels wrong, they should stop the transaction or conversation immediately.
- If they think they've been scammed, they should act quickly. Report the scam to local police and their bank immediately.

If you become aware that a resident or their family have been scammed, you should encourage them to report the scam to local police, [ScamWatch](#), and [ReportCyber](#). Reporting scams will help increase awareness and prevent future scams.

You can also direct residents and their families to the [My Aged Care website](#) for further information about spotting, avoiding, and reporting scams.

Kind regards

Department of Health and Aged Care

The Department of Health and Aged Care acknowledges First Nations peoples as the Traditional Owners of Country throughout Australia, and their continuing connection to land, sea and community. We pay our respects to them and their cultures, and to all Elders both past and present.

Celebrity spotlight

A legendary figure in the world of entertainment, Julie Andrews is a dynamic and talented actor. A 'Golden Globe' and 'Academy Award' winning star, Andrews enjoyed success on Broadway, London theatres, award-winning films, and television shows. She has also recorded albums and is an acclaimed children's book author. She is the recipient of the prestigious 'Kennedy Center Honours.' Furthermore, Queen Elizabeth II bestowed upon her the title of 'Dame.' She is also the Goodwill Ambassador for the United Nations' 'UNIFEM' program. She is best known for her role in the 'Walt Disney' blockbuster 'Mary Poppins.' Some of her other films include 'The Sound of Music,' 'Thoroughly Modern Millie,' 'Victor/Victoria,' 'The Princess Diaries,' and 'The Princess Diaries 2: Royal Engagement.' Some of her notable television works include 'The Julie Andrews Hour,' 'The Julie Andrews Show,' and 'Julie.' Her autobiography 'Home: A Memoir of My Early Years' was a 'New York Times' Best Seller. Equipped with a fighter's spirit, she sailed through numerous setbacks to establish herself as a successful and popular performer in the entertainment industry.

Childhood & Early Life

Julia Elizabeth Wells was born on 1 October 1935, in Walton-on-Thames, Surrey, England, to Barbara Ward Wells. She was born from her mother's affair with a family friend. Her mother later married Edward Charles Ted Wells.

Ted Wells and Barbara got divorced and she married singer Ted Andrews. The family struggled financially and lived in the slum. When her parents achieved success in their stage career, they relocated to a



better place.

Her stepfather sponsored her education. She studied at 'Cone-Ripman School,' London. She was also taught by Madame Lilian Stiles-Allen, a concert soprano and voice instructor. She later continued her education at 'Woodbrook School.'

Career

From 1945, she performed on stage with her parents for two years. On certain occasions, she performed solo or sang duet with her stepfather, while her mother played the piano.

Her stepfather introduced her to theatrical impresario Val Parnell in order to get her a big break. On October 22, 1947, she made her solo debut with the musical revue 'Starlight Roof' in which she sang 'Je suis Titania' at the London 'Hippodrome.'

On November 1, 1948, she performed at the 'London Palladium' in the 'Royal Command Variety Performance.' She was the youngest solo performer to perform for King George VI's family.

She performed in the musical interlude of the comedy show 'Up the Pole.' On October 8, 1949, she made her debut on televi-

Celebrity spotlight

sion with a 'BBC' program titled 'RadiOlympia Showtime.'

From 1950 to 1952, she was cast as a member of the 'BBC' radio comedy show, 'Educating Archie.' The show earned her recognition all over the United Kingdom.

On September 30, 1954, she made her Broadway debut with the London musical, 'The Boy Friend.' In the musical, she played 'Polly Browne,' a role which earned her acclaim as the stand-out performer.

In 1955, she signed to work in the TV film 'High Tor.' The following year, she played 'Eliza Doolittle' in the Broadway musical production of 'My Fair Lady.' Her performance earned her a 'Tony Award' nomination.

On March 31, 1957, she starred in the 'CBS' television musical 'Cinderella,' which was written by Rodgers and Hammerstein. She earned an 'Emmy Award' nomination for her performance.

In 1960, she was cast as 'Queen Guinevere' in the Broadway period musical 'Camelot,' which opened at the 'Majestic Theatre,' Manhattan. The show produced 873 performances.

From 1958 to 1962, she made appearances in a number of TV shows, including 'The Broadway of Lerner & Loewe,' 'The Fabulous Fifties,' and 'The Ed Sullivan Show.'

In 1962, she co-starred with actor Carol Burnett on the Emmy Award-winning American TV musical comedy show, 'Julie and Carol at Carnegie Hall.'

In 1964, she delivered an Academy Award-winning performance in the musical film 'Mary

Poppins,' which was directed by Robert Stevenson. Walt Disney chose her for the role after watching her in 'Camelot.'

In 1964, she also starred in the American comedy-drama war film 'The Americanization of Emily,' which was directed by Arthur Hiller. The film was an adaptation of William Bradford Huie's novel of the same name.

In 1965, she starred in the musical film 'The Sound of Music' which was directed by Robert Wise. The film was inspired by a Broadway musical of the same name.

She was a guest star on 'The Andy Williams Show,' and also hosted 'The Julie Andrews Show.' In 1966, she starred in the award-winning film 'Hawaii.' The same year, she was also seen in the Alfred Hitchcock film 'Torn Curtain.'

In 1967, she earned a 'Golden Globe' nomination for her role as 'Millie Dillmount' in the American musical film 'Thoroughly Modern Millie.' The film was a box office hit.

From 1968 to 1972, her career went through a rough patch as she starred in flop films like 'Star!' and 'Darling Lili.' During that period, she was seen in the documentary film 'Julie,' and also appeared on TV in shows like 'An Evening with Julie Andrews and Harry Belafonte' and 'Julie and Carol At Lincoln Center.'

In 1972-73, she starred in the award-winning 'ABC' TV variety show 'The Julie Andrews Hour.' The show ended after a season, but she continued her association with 'ABC.'

In 1977, she guest-starred on 'The Muppet Show.' The following year, 'Julie Andrews: One Step Into Spring' was broadcast and



Celebrity spotlight



received mixed reviews.

In 1980, she headlined the CBS-TV special 'Because We Care,' along with other prominent stars, in order to raise funds for the 'Cambodian Famine' victims. Later that year, she was seen in the film 'Little Miss Marker.'

In 1981, she appeared in her first on-screen nude scene while playing 'Sally Miles' in Blake Edwards' comedy film 'S.O.B.' The following year, she played a dual role in the film 'Victor/Victoria.'

In 1983, she played 'Marianna' in the comedy film 'The Man Who Loved Women.' She earned 'Golden Globe' nominations for her subsequent films, 'That's Life!' and 'Duet for One.'

In 1987, she was seen in 'Julie Andrews: The Sound Of Christmas,' an 'ABC' Christmas special show. Following this, she was also seen on TV shows, such as 'Julie & Carol: Together Again' and 'Julie Andrews in Concert.'

In 1991, she starred in the TV film 'Our Sons,' a film about AIDS victims. The film was inspired by the documentary film 'Too Little, Too Late.' The following year, she starred in the TV sitcom 'Julie,' and also hosted 'Christmas In Washington.'

In 1993, she was seen in the TV show 'Sound of Orchestra.' The same year, she played 'Amy' in the revue 'Putting It Together,' which premiered at the 'Manhattan Theatre Club.'

In the 1990s, she recorded two solo albums and starred in the stage production of 'Victor/Victoria.' She also starred in the 'CBS' network

TV film 'One Special Night.'

In 2001, she starred in the live TV show 'On Golden Pond.' The show was an adaptation of Ernest Thompson's play of the same name. The same year, she also starred in 'The Princess Diaries.'

In 2003, she appeared in the film 'Eloise at the Plaza.' Subsequently, she starred in films, such as 'Eloise at Christmastime' and 'The Princess Diaries 2: Royal Engagement.'

From 2004 to 2010, she played voice roles in films, such as 'Shrek 2,' 'Shrek the Third,' 'Enchanted,' 'Shrek Forever After,' and 'Despicable Me.' She was also seen in 'Broadway: The American Musical.'

In 2017, she voiced 'Marlena' in the animated comedy movie 'Despicable Me 3.' The following year, she voiced 'Karathen' in the superhero film 'Aquaman.' Along with her daughter Emma, she co-created a preschool TV series titled 'Julie's Greenroom,' which premiered on 'Netflix' in 2017.

She has authored many children's books. Some of her books include 'The Very Fairy Princess: Here Comes the Flower Girl,' 'Dragon: Hound of Honor,' 'Dumpy and the Firefighters,' and 'Dumpy to the Rescue!'

Major Works

She starred in the film 'Mary Poppins,' which was one of the biggest 'Walt Disney' hits.

Celebrity spotlight

The film went on to become the most successful 'Disney' film at the 'Oscars.' It received 13 'Academy Award' nominations, out of which it won five.

'The Sound of Music' is one of the biggest 'Twentieth Century Fox' hits in history. In 2001, the 'National Film Registry' (NFR) acknowledged the film as 'culturally, historically, or aesthetically significant.'

Awards & Achievements

In 1965, she received the 'Academy Award' for 'Best Actress in a Leading Role' for her performance in 'Mary Poppins.'

In 1965, she received the 'Golden Globe' for 'Best Motion Picture Actress - Musical/Comedy' for her role in 'Mary Poppins.'

In 1966, she received the 'Golden Globe' for 'Best Motion Picture Actress - Musical/Comedy' for her performance in 'The Sound of Music.'

In 1983, she received the 'Golden Globe' for 'Best Actress in a Motion Picture - Comedy/Musical' for her performance in 'Victor/Victoria.'

She received the 'Grammy Lifetime Achievement Award' in 2011.

Personal Life & Legacy

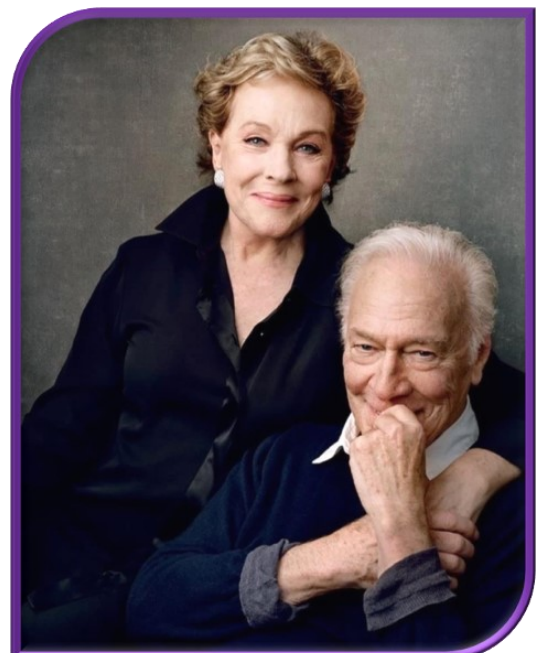
On May 10, 1959, she married a set designer named Tony Walton with whom she had a child. Andrews and Walton got divorced in 1967.

On November 12, 1969, she married Blake Edwards. They adopted two children, namely Amy and Joanna. Blake Edwards died in 2010.

Around 1997, she developed problems in her

throat and could no longer continue in Broadway. She underwent surgery for the same.

In 2008, she published her autobiography titled 'Home: A Memoir of My Early Years.' The book made it to 'The New York Times' Bestseller List.



Announcements

New Residents

A very warm welcome to:

- *Beth Fisher*



Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives.



Cultural Celebrations

This month we will be taking an Armchair Travel to Ecuador.



In Memoriam

Sadly we say goodbye to our much loved resident

Rhoda Wajda

To family and friends - May you find strength in the love of family and in the warm embrace of friends.

Caring for your loved one was an honour and a privilege.

Hairdresser

Hairdresser Lucy has To book an appointment, please speak to L&L staff, nursing staff



Outings

This month we will be going to Mulwala Ski Club Malibu Deck Wednesday 23rd for lunch.

If you would like to attend please let L&L staff know.

Book your spot early as there are limited spaces.

Announcements

Can you contribute?

Contributions to our newsletter are encouraged and appreciated! Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome. Please hand in your submission to reception, or email us anytime at k.thompson@inh.org.au

Library Service

Our Library is located in the main lounge, please help yourself to any book and return to the shelves once finished.

If you are an avid reader and wish to join the Rutherglen Library, please ask Leisure and Lifestyle staff to assist

New Staff

A very warm welcome to our new staff:

- Sherene Clarkson, Patient Services Assistant



Welcome
TO THE TEAM



Light Heartedness



A guy is 72 years old and loves to fish.

He was sitting in his boat the other day when he heard a voice say, 'Pick me up.'

He looked around and couldn't see anyone.

He thought he was dreaming when he heard the voice say again, 'Pick me up.'

He looked in the water and there, floating on the top, was a frog. The man said, 'Are you talking to me?'

The frog said, 'Yes, I'm talking to you.' Pick me up then, kiss me and I'll turn into the most beautiful woman you have ever seen. I'll make sure that all your friends are envious and jealous because I will be your bride!'

The man looked at the frog for a short time, reached over, picked it up carefully, and placed it in his front pocket.

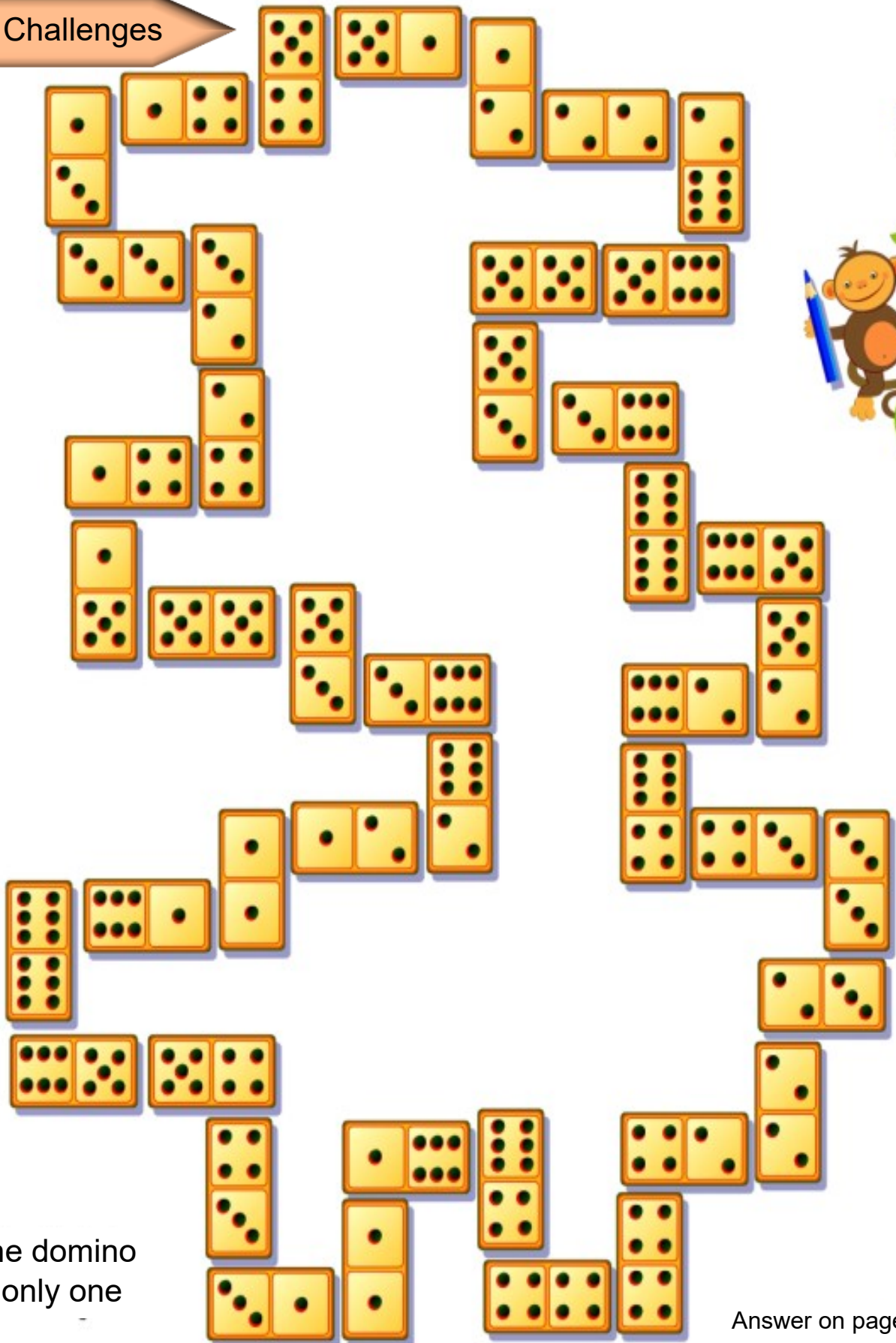
The frog said, 'What, are you crazy? Didn't you hear what I said? I said kiss me and I will be your beautiful bride.'

He opened his pocket, looked at the frog and said,

'Nah, at my age I'd rather have a talking frog.'



Cognitive Challenges



Find the domino that is only one

Answer on page 17

Cognitive Challenges

