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Facebook Indigo North Health

August Revisited

It was all hands on deck for the cooking program in August. Shortbread biscuits were made for afternoon tea and created a wonderful sensory experience for all.

Needless to say, the homemade biscuits





Highlights throughout August included weekly visits from Rutherglen Primary students who share their learning, read books, played games and shared their Silky chickens with us for pet therapy.



August Revisited



Our weekly scenic tours take us all over our region, from Rutherglen to Springhurst, Corowa, Wahgunyah, Boorahman and Chiltern. It's always nice to see the changes in our local community and afar. With each scenic tour, we also complete a progress check on the new Glenview building.



Our new activity "Tennis Doubles" match keeps us physically active during the week. Needless to say there are a few laughs and memories shared during the matches.

Art and Craft saw participants get creative by using different methods to create their own unique button tree artwork.







Intergenerational Program

Rutherglen Primary visits Wednesday 4th, 11th and 18th at 9.30am. Rutherglen High School - Wednesday 11th at 11:00am. Joining us for Tennis

Church Service with Richard Keith

Wednesday 4th at 11:00am, Main Lounge

Garden Club

Monday 9th & 16th at 11:00am, Vegetable Garden

Cooking—Chocolate Truffles

Monday 9th at 2:30pm, Dining Room

RSL Corowa—Rhythm and Brews

Wednesday18th 11.30am

Wheel of Fortune Competition

Thursday 19th at 11:00am, Main Lounge

Resident & Representative Meeting

Friday 20th 11:00am, Main Lounge

Glenview Footy Tipping Presentation & AFL Grand Final

Saturday 28th at 2:15pm, Main Lounge

Special Celebrations

1st Father's Day

3rd National Australia Flag
Day

12th RUOK? Day

19th Talk Like a Pirate Day

27th AFL Grand Final—Public Holiday

28th AFL Grand Final & Footy Colours Day





Celebrity spotlight

Olivia Newton-John is an English-Australian singer and songwriter who has won four Grammy Awards in her career. She is an actress as well, known for her roles in films such as the musical 'Grease'. She is also an entrepreneur and an activist for environmental and animal rights issues. In addition, the multi-faceted personality is an advocate for health awareness and has been involved with various charities as well. Born in England, she initially performed in clubs and TV shows. She reached stardom after her Grammy Award winning hits 'I Honestly Love You' and 'Physical'. She has sold around 100 million records worldwide, and has been named one of the world's best-selling artists of all time. Her acting career began with a supporting role in 'Funny Things Happen Down Under'. Years later, she played the lead role in the musical film 'Grease'. The film's soundtrack is one of the most successful ones in history. In 1992, she was diagnosed with breast cancer. She went into remission following treatment and then suffered a relapse in 2017. She is an advocate for breast cancer awareness and raised a significant amount of funds to establish the Olivia Newton-John Cancer and Wellness Centre in Melbourne.

Childhood & Early life

Olivia Newton-John was born in Cambridge, England on 26 September 1948. Her parents were Brinley Newton-John and Irene Helene. She was the granddaughter of Max Born, a Jewish Nobel Prize-winning physicist, who had fled with his family to England from Germany to escape the Nazi regime. Her father was an MI5 officer during the World War II. After the war, he served as a headmaster at Cambridgeshire High School for Boys.

Olivia is the youngest of three children.



Her brother Hugh became a doctor and her sister Rona became an actress. When she was six, the family migrated to Melbourne, Australia, where her father was a professor of German at the University of Melbourne. She attended the Christ Church Grammar School, and later the University High School. She formed a short-lived girl group at the age of fourteen and they often performed in a coffee shop which was owned by her brother-in-law.

Eventually, she started performing in radio and TV shows. Her first single was 'Till You Say You'll be Mine' which was recorded in Britain for Decca Records in 1964. The next year, she made her acting debut in the Australian TV film 'Funny Things Happen Down Under'.

Music reer Olivia ton-John



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Celebrity spotlight

leased her first album 'If Not for You' in 1971. The album stood at the 158th position on the US Billboard 200, and at the 14th position on the Australian Albums Chart. Her next album 'Olivia,' which was released the next year, didn't do well commercially.

She found success with her third album 'Let Me Be There' which stood at the 54th position on the US Billboard 200. The lead song of the same name earned huge popularity and success. It won Olivia her first Grammy Award in the 'Best Female Country Vocalist' category. The song stood at the 6th position on the US Hot 100 chart and at the 11th position on the Australian charts.

In 1974, she released her next album 'Long Live Love'. The song 'I Honestly Love You' won her the Grammy Award for Record of the Year and the Grammy Award for Best Female Pop Vocal Performance. It also topped the Australian Kent Music Report and the US Billboard Hot 100. She continued to release several successful albums over the years, some of them being 'If You Love Me, Let Me Know' (1974), 'Have You Never Been Mellow' (1975), 'Totally Hot' (1978), 'Physical' (1981) and 'The Rumour' (1988). She won her fourth Grammy Award for her video collection 'Olivia Physical' which featured videos of her songs from the album 'Physical'. She has released around thirty albums in her entire career so far. Her recent albums include 'Two Strong Hearts Live' (2015) and 'Friends for Christmas' (2016). Both the albums stood at the first position on the Australian Albums Chart.

in the 1970 film 'Toomorrow'.

She found massive success in the 1978 musical romantic film 'Grease'. Directed by Randal Kleiser, the film was a big success commercially. It earned nearly \$400 million on a \$6 million budget. The movie's soundtrack became very popular and earned an Oscar nomination in addition to multiple other awards and nominations. The film was also praised by critics.

She continued to appear in several other films, such as 'Xanadu' (1980), 'She's Having a Baby' (1988) and 'It's My Party' (1996). She was last seen in the 2011 Australian British comedy film 'A Few Best Men' which was directed by Dean Craig. It was met with negative reviews. She has also appeared in several TV shows, some of them being 'American Idol', 'Sordid Lives: The Series', and 'Dancing with the Stars'.

Major Works

The album 'Long Live Love' is one of Olivia Newton-John's most successful albums. The



album stood at the 40th position on the UK Albums Chart. The song 'I Honestly Love You'

Acting Career

After her role in 'Funny Things Happen Down Under' Olivia Newton-John played the lead role

Celebrity spotlight

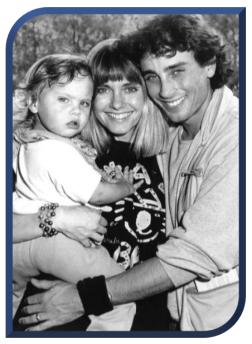
was a huge success, topping several charts. It won the Grammy Award for Female Pop Vocal Performance and for 'Record of the Year'. Other singles in the album included 'God Only Knows', 'Country Girl' and 'Have Love Will Travel'.

The musical romantic comedy film 'Grease', which was based on the musical of the same name, is one of the most important acting works in Olivia Newton-John's career. The film was a huge success commercially and critically. It earned \$395 million on a \$6 million budget. The film also won several awards and nominations which included an Oscar nomination in the category of 'Best Original Song' for 'Hopelessly Devoted to You.'

Personal Life

Olivia Newton-John has been married twice. She married actor Matt Lattanzi in 1984. They had one daughter named Chloe Rose Lattanzi. The couple divorced in 1995. She later married John Easterling in 2008. He is the founder of Amazon Herb Company. She was diagnosed with breast cancer in 1992 and went through a gruelling treatment regime. She had to get a partial mastectomy and underwent chemotherapy. She recovered and was cancer-free for several years before her breast cancer relapsed in 2017. She was a long-time activist for environmental causes and animal rights issues. She also promotes health awareness and is an advocate for breast cancer research.

Olivia Newton-John died Aug. 8 after a long journey with breast cancer, according to a statement from her husband, John Easterling. She was 73. "Dame Olivia Newton-John passed away peacefully at her Ranch in Southern California, surrounded by family and friends.





Announcements

New Residents

A very warm welcome to:

- Maree Hughes
- Allan Kilo



Thank You

Heartfelt thanks to all our volunteers for all you do each day to assist us in improving our residents lives.



Cultural Celebrations

This month we will taking an Armchair Travel to Austria on Monday16th September 3:00pm.



Church Service

Join us for our monthly church service provide by Richard Keith on Wednesday 4th September at 11.00am in the Lounge Room.



Hairdresser

Hairdresser Hanah is available for bookings. To book an appointment, please speak to L&L staff, nursing staff or reception.



Outings

This month we will be attending RSL Rhythm & Brews event. Scenic tours run Thursday mornings, please speak to L&L staff if you are interested.



Indigo North Health Inc

Light Heartedness

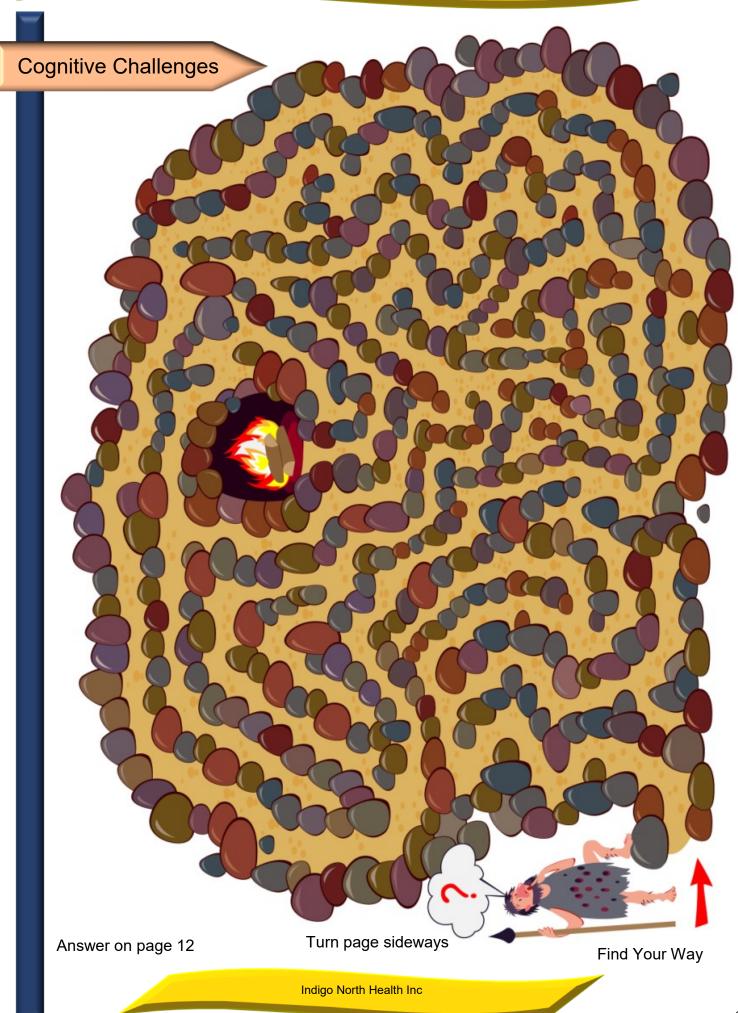
What is a Grandparent ??

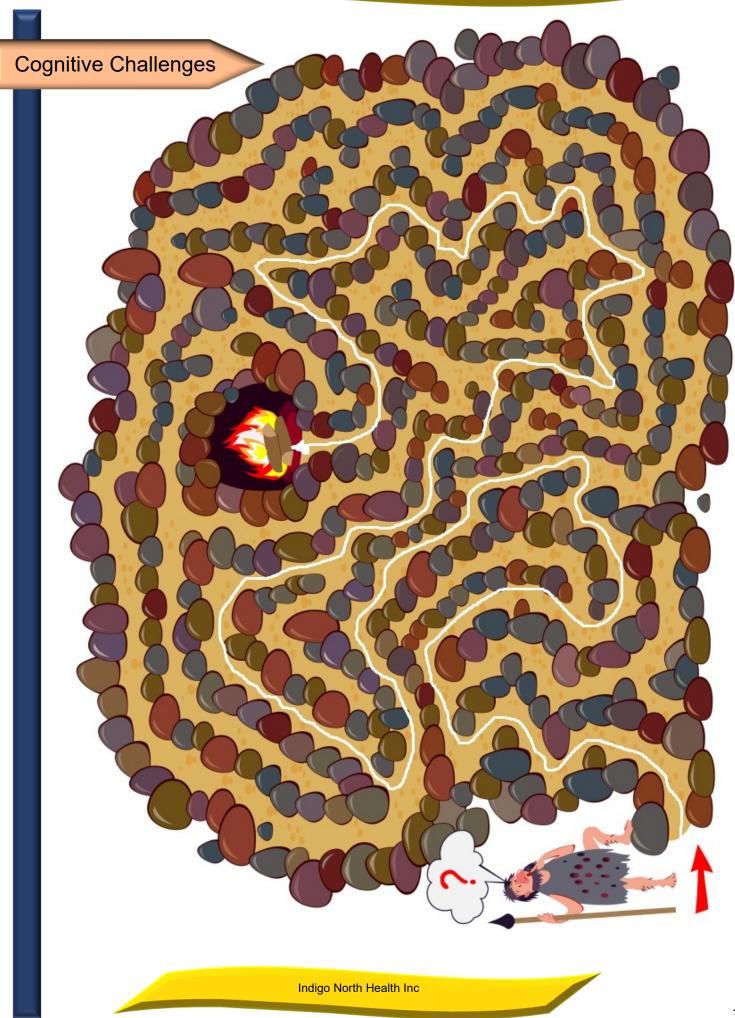
(Taken from papers written by a class of 8 year old children)

- Grandparents are a lady and a man who have no little children of their own. They like other peoples.
- A grandfather is a man, and a grandmother is a lady!
- Grandparents don't have to do anything except be there when we come to see them... They are so old they shouldn't play hard or run. It is good it they drive us to the shops and give us money.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the colors of the flowers and also why we shouldn't step on 'cracks.'
- They don't say 'hurry up.'
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- Grandparents don't have to be smart.
- They have to answer questions like 'Why isn't God married?' and 'How come dogs chase cats?'
- When they read to us, they don't skip. They don't mind if we ask for the same story over again.
- Everybody should try to have a grandmother, especially if you don't have a television because they are the only grownups who spend time with us.
- They know we should have a snack before bedtime, and they say prayers with us and kiss us even when we've acted bad.
- It's funny when they bend over; you hear gas leaks, and they blame their dog.

A six year old was asked where his grandma lived.

"Oh" he said, "She lives at the airport, and when we want her, we just go get her. Then when we're done having her visit, we take her back to the airport."





A Special Verse

